



PARAMUS RECREATION

Summer 2020

REGISTER ONLINE!

Registration starts Wednesday, May 27th, 8:00AM

Fun Sports • Movie Nights • Cooking
Courses • Crafts

PARAMUS RECREATION
475 NORTH FARVIEW AVENUE, PARAMUS, NJ
201-265-9321

HOW TO REGISTER

New Registrants must complete the 'new registrants form', which can be found on our webpage:

[HTTPS://WWW.PARAMUSBOROUGH.ORG/204/RECREATION](https://www.paramusborough.org/204/recreation)

All forms and required documents must be submitted via email, postal mail, or dropped off to our mailbox at 475 North Farview Avenue. From there, we can create a CommunityPass account for new members.

All returning participants must register through CommunityPass. Only online registrations will be taken at this time.

Questions? We are available for phone calls Monday- Friday, 8:30AM- 4:30PM.

201-265-9321

Weekly Activities

The following programs are courses that take place daily within a specific week. Participants can choose to register for as many as they would like, on a first-register, first-serve basis. Participants must register for the full week- they cannot register for individual days. Course links for all online programs will be sent to participants via email once their registration has been confirmed.

Week 1: June 29th- July 5th

CSI Crime Scene Investigation Camp

This week-long class is an educational program run by experienced professionals who have been in the field. STEM principles relating to forensics and crime scene application are explored. This class is educational, challenging, and fun! This is a live class with an instructor.

- Dates: June 29th- July 3rd
- Time: 10:00AM- 11:30AM
- Age: Grades 6- 12
- Price: \$82.00

Sidewalk Chalk Weekly Contest (6/29)

- This week's chalk contest is 'First Responder Appreciation' themed! Draw some thankful messages to our first responders, and email them to recdepartment@paramusborough.org by July 5th to have them featured on our social media platforms!

Weekly Photo Contest (6/29)

- This week's photo contest is 'Patriotic' themed! Take some Fourth of July inspired photos and email them to recdepartment@paramusborough.org by July 5th to have them featured on our social media platforms!

All contest winners will receive a shoutout as well as a Paramus Recreation T-Shirt!

Weekly Activities Continued

Week 2: July 6th- July 12th

Arts and Crafts Classes

This program will be a live class with an instructor. Each day will feature a new project. Materials for the projects will be available for pick up from the recreation office- pick up dates and times will be released at a later date.

- Dates: July 6th- July 10th
- Age:
 - Pre-K with Adult (9:30AM- 10:30AM)
 - K-3rd Grade (11:30AM-12:30PM)
- Price: \$40.00

Pinot's Palette- Adult Sip & Paint

This single day activity will be run by Pinot's Palette! At a later date, all registrants will be emailed instructions on how to pick up their kits from Ridgewood, and how to get access to the login link. Beverages not supplied.

Date: Wednesday, July 8th

- Age: 18+ years old
- Price: \$35.00
- All registrations will be taken directly through Pinot's Palette. Registrations are on a first come first serve basis. To register, please visit the link below:
 - <https://www.pinotpalette.com/ridgewood/event/456033>

Yoga Classes: 4-12 Year Old Participants

This introductory yoga class will be a live class with an instructor. Each day will feature new movements to practice. Yoga mats will not be provided.

Dates: July 6th- July 10th

- Age:
 - 4-7 Years Old (9:30AM- 10:15AM)
 - 8-12 Years Old (10:30AM- 11:30AM)
- Price: \$45.00

Sidewalk Chalk Weekly Contest (7/6)

- This week's chalk contest is 'Summer Fun' themed! Draw some summer themed pictures/ quotes, and email them to recdepartment@paramusborough.org by July 10th to have the featured on our social media platforms!

Weekly Photo Contest (7/6)

- This week's photo contest is pet themed! Take some photos of either just your pets, or your pets and kids, and email them to recdepartment@paramusborough.org by July 10th to have the featured on our social media platforms!

All contest winners will receive a shoutout as well as a Paramus Recreation T-Shirt!

Weekly Activities Continued

Week 3: July 13th- July 19th

Yoga Classes: 8 Year Old- 16 Year Old Participants

This week-long introductory yoga class will be a live class with an instructor. Each day will feature new movements to practice. Yoga mats are not included with the course.

Dates: July 13th- July 17th

- Age:
 - 12- 16 Years Old (9:30AM- 10:30AM)
 - 8-12 Years Old (10:30AM- 11:30AM)
- Price: \$45.00

Online Tennis Lessons

This week-long program will be a live class with an instructor. Each day will feature a set of skills and games the kids can work on. Tennis equipment not included.

- Dates: July 13th- July 17th
- Age:
 - Grades K-1 (8:30-9:30AM)
 - Grades 2-3 (9:30-10:30AM)
 - Grades 4-5 (10:30-11:30AM)
 - Grades 6-8 (11:30-12:30AM)
- Price: \$125.00

Sidewalk Chalk Weekly Contest (7/13)

- This week's chalk contest is 'Pixar/ Disney Fun' themed! Create Pixar/ Disney themed drawings and email them to recdepartment@paramusborough.org by July 17th to have the featured on our social media platforms!

Weekly Photo Contest (7/13)

- This week's photo contest is sunset/ sky themed! Take some jumping pictures, pictures of the sky, etc, and email them to recdepartment@paramusborough.org by July 17th to have the featured on our social media platforms!

All contest winners will receive a shoutout as well as a Paramus Recreation T-Shirt!

Weekly Activities Continued

Week 4: July 20th- July 26th

Christmas in July- Gingerbread Houses

Celebrate 'Christmas in July' with us by decorating your own gingerbread houses! When complete, we will share all photos on our social media platforms! Kits will be available for pick up at the recreation office- pick up dates and times will be released at a later date. Limited kits are available- one kit per residence.

- Price: \$15.00

Christmas in July- House Decorating Contest!

Celebrate 'Christmas in July' with us by decorating your homes with holiday-themed decorations! This is a super fun way to be creative with your kids! All photos must be submitted by July 24th to recdepartment@paramusborough.org to have them featured on our social media platforms!

Chef it Up!

This week-long program will be a live cooking class with an instructor. At a later date, all registrants will be emailed instructions on how to pick up their cooking kits from a designated 'Chef It Up' location, and how to get access to the login link. All ingredients will be supplied!

- Dates: July 20th- July 24th
- Age: 5-13 years old
- Time: 11:00AM- 12:30PM
- Price: \$145.00

Drive in Movie #1- Tuesday, July 21st, 8:30PM- Paramus Pool Parking Lot

Limited spaces are available. Interested families can register on CommunityPass beginning July 6th - Free of Charge.

- *We want to hear your movie suggestions! Send your movie request to Egrille@paramusborough.org by June 15th! Must be rated G or PG.*

Sidewalk Chalk Weekly Contest (7/20)

- This week's chalk contest is 'Fairytale' themed! Create drawings of wizards, princesses, magic, and more! Send your photos to recdepartment@paramusborough.org by July 24th to have the featured on our social media platforms!

Weekly Photo Contest (7/20)

- This week's photo contest is 'summer sweets'! Take pictures of any baked goods, desserts, etc. that your family has baked or enjoyed, and send them to recdepartment@paramusborough.org by July 24th to have the featured on our social media platforms!

All contest winners will receive a shoutout as well as a Paramus Recreation T-Shirt!

Weekly Activities Continued

Week 5: July 27th- August 2nd

Kiddie Soccer Camp

This week-long program will be a live class with an instructor. Each day will feature a set of skills and games the kids can work on. Soccer balls/ other equipment will not be provided.

- Dates: July 27th- July 31st
- Age:
 - Kindergarten (9:00AM- 9:30AM)
 - 1st Grade (9:45AM- 10:15AM)
 - 2nd Grade (10:30AM- 11:00AM)
- Price: \$45.00 per child

Sidewalk Chalk Weekly Contest (7/27)

- This week's chalk contest is 'Out of this World!' Create space themed drawings and send your photos to recdepartment@paramusborough.org by July 31st to have the featured on our social media platforms!

Weekly Photo Contest (7/27)

- This week's photo contest is 'wacky hairstyles!' Take pictures of your wackiest hairstyle creations, and send them to recdepartment@paramusborough.org by July 31st to have the featured on our social media platforms!

All contest winners will receive a shoutout as well as a Paramus Recreation T-Shirt!

Weekly Activities Continued

Week 6: August 3rd- August 11th

Drive in Movie #2- Tuesday, August 11th, 8:30PM- Paramus Pool Parking Lot
Limited spaces are available. Interested families can register on CommunityPass beginning July 21st - Free of Charge.

- *We want to hear your movie suggestions! Send your movie request to Egrill@paramusborough.org by June 15th! Must be rated G or PG.*

Explore Science

This program will be a live class with an instructor. Each day will feature a new project. Materials for the projects will be available for pick up from the recreation office- pick up dates and times will be released at a later date.

- Dates: August 3rd- August 7th
- Age:
 - 3rd- 6th Grade
- Time: 2:00-3:00PM
- Price: \$150.00 (includes all materials)

Sidewalk Chalk Weekly Contest (8/3)

- This week's chalk contest is 'Up, Up, and away!' Create sky- themed photos (balloons, airplanes, rainbows, etc.) and send pictures of your creations to recdepartment@paramusborough.org by August 7th to have the featured on our social media platforms!

Weekly Photo Contest (8/3)

- This week's photo contest is 'Paramus First Responder Appreciation! Take pictures giving our first responders a shoutout! Words of appreciation, encouragement, and more! When done, submit your photos to recdepartment@paramusborough.org by August 7th to have the featured on our social media platforms!

All contest winners will receive a shoutout as well as a Paramus Recreation T-Shirt!

Summer- Long Activities

The following programs are summer-long courses. They will occur once a week for 6 weeks, starting the week of June 29th. Participants can choose to register for as many as they would like, on a first-register, first-serve basis. Participants must register for the full six week term- they cannot select individual weeks.

** course links for online programs will be sent to participants via email once their registration has been confirmed.*

Online Ballet/ Tap Program

Students are encouraged to explore self-expression through dramatic play while being introduced to beginner level ballet and tap.

- Dates: Mondays, June 29- August 3rd
- Time: 10:00AM- 10:45AM
- Age: 3-4 years old
- Price: \$105.00

Online Hip-Hop Classes

This class is perfect for kids who love to move! Students have fun letting go and expressing themselves while simultaneously receiving all the benefits of a cardiovascular workout that hip hop has to offer!

- Dates: Mondays, June 29- August 3rd
- Time: 11:00AM- 11:45AM
- Age: 5- 7 years old
- Price: \$105.00

'Glee Kids' Online Classes

If your child has a flair for the dramatic arts and performance, this is the class for them! Learn singing and dancing techniques, and rehearse and perform staged numbers from popular television shows and movies.

- Dates: Mondays, June 29- August 3rd
- Time: 12:00AM- 12:45AM
- Age: 7-10 years old
- Price: \$105.00

Summer- Long Activities

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Online Musical Theatre Classes

This class is an introduction to the Musical Theatre genre. It offers students the opportunity to explore acting and drama exercises, learn simple movement, and begin their introduction to singing!

Dates: Mondays, June 29- August 3rd

- Time: 1:00am- 1:45PM
- Age: 6-12 years old
- Price: \$105.00

TNT Fitness Training at Petruska Park

Social distancing guidelines will be in place for these in-person classes.

Participants will not be using any equipment- strictly whole-body exercises will be completed.

- Dates: Wednesdays, July 1st- August 5th
- Times:
 - 5:00PM- 5:45PM: Ages 7-9
 - 5:45PM- 6:30PM: Ages 10-12
 - 6:30PM- 7:15PM: Ages 13-15
- Price: \$65.00

Online Co-Ed Basketball Skills Training- Tuesday Sessions

Dates: Tuesdays, June 30th- August 4th

- Times:
 - 5:30-6:30PM: 3/4th Grade
 - 6:30-7:30PM: 5/6th Grade
 - 7:30-8:30PM: 7/8th Grade
- Price: \$95.00
- *All participants must provide their own basketballs*

Online Co-Ed Basketball Skills Training- Thursday Sessions

Dates: Thursdays, July 2nd- August 6th

- Times:
 - 5:30-6:30PM: 3/4th Grade
 - 6:30-7:30PM: 5/6th Grade
 - 7:30-8:30PM: 7/8th Grade
- Price: \$95.00
- *All participants must provide their own basketballs*

STAY TUNED!

The Recreation Department is working hard to continuously offer new programs! Follow us on our social media platforms for live-time updates:

Instagram: @ParamusRecreation

Facebook: @ParamusRec

Recreation Director, Megan Schaffer

Assistant Recreation Director, Stephanie Garino

Assistant Recreation Director, Ed Grill

Clerical Staff: Dan Conte

Council Liaison, Holly Tedesco Santos

Paramus Recreation Commission

Chairman- Gary Zysman

Dennis Arslanian

Michael Bellinger

Josie Giugliano

Vince Feorenzo

Jeff Lepselter

Michael Pallotto

Paula Perides

Bill Stallone