



# SPRING 2022 PROGRAMS

PROGRAMS FOR INDIVIDUALS OF ALL AGES AND ABILITIES ARE LISTED IN THIS BROCHURE

*PLEASE INQUIRE ABOUT OUR SERVICES FOR INDIVIDUALS WITH SPECIAL NEEDS*

**REGISTRATION OFFICE:**

475 NORTH FARVIEW AVENUE  
PARAMUS, NJ 07652

**REGISTRATION HOURS:**

MONDAY-FRIDAY, 9:00AM - 4:00PM  
THURSDAY EVENINGS, 7:00PM - 8:30PM

**OFFICE HOURS:**

MONDAY- FRIDAY, 8:30AM - 4:30PM

**ONLINE REGISTRATION:** BEGINS FEBRUARY 25th

**IN-PERSON REGISTRATION:** BEGINS MARCH 2nd

**EARLY BIRD DISCOUNT:** FEBRUARY 25th - MARCH 7th



**REGISTRATION OFFICE:**  
475 NORTH FARVIEW AVENUE



**PHONE:**  
201-265-9321



**EMAIL:**  
[RECDEPARTMENT@PARAMUSBOROUGH.ORG](mailto:RECDEPARTMENT@PARAMUSBOROUGH.ORG)



# POLICIES, PROCEDURES, & DATES

At the back of this brochure are four documents that need to be read and signed off on.

## \*FIRST TIME REGISTRANTS\*

New Registrants must complete the 'new registrants form', which can be found on our webpage: <https://www.paramusborough.org/204/Recreation>

All forms and required documents must be submitted via email, postal mail, or dropped off to our mailbox at 475 North Farview Avenue. From there, we can create a CommunityPass account for new members.

## RETURNING REGISTRANTS- Online Registration

1. Register Online at [www.paramusborough.org](http://www.paramusborough.org)
  2. Click on 'registration' and follow the guide through Community Pass
- Online Registration is only available if you are already in the Paramus Recreation Department's computer system. This does not include Paramus Junior Baseball (PJBL).*

## ONLINE REGISTRATION: Begins February 25th

In-Person Registration: Begins March 2nd

## EARLY-BIRD REGISTRATION:

(Receive \$5 discount per program) February 25th - March 7th

## PAYMENT OPTIONS

1. Credit Card (registrants will be charged a 2.75% convenience fee of their total transaction).
2. Cash (In-Person Registration Only).
3. Check (In-Person Registration Only. All checks can be made out to 'Paramus Recreation').

## REGISTRATION/ REFUND POLICY

All Programs are on a first come, first serve basis with proper registration. Registration deadlines for all sports can be found in the description of each individual activity. Unless a program is cancelled by the Recreation Department there will be absolutely NO refunds or credit given for anyone wishing to withdraw from a program. If a program is cancelled, you will be emailed a refund request form and any other documents needed. Refund Request forms must be returned within 30 days for monetary refunds. After 30 days, you will be issued a Community Pass account credit.

## VOLUNTEER SERVICE ORGANIZATIONS

All members of volunteer service organizations affiliated with the Borough of Paramus are entitled to a 50% discount of all registration fees. Discount is not applicable towards costs associated with uniforms or tryout fees. Every season the volunteer's service organization's captain has to sign off on a certificate of certification that the member is indeed active in that organization. **\*NEW\* 50% discount for volunteer coaches for in-season programs. Must be coaching the specific season for a discount- Call Us!**

## INCLEMENT WEATHER NOTIFICATION

In the event there is poor weather, you can find notification on our website or Facebook after 3:00PM Monday- Friday, and 1.5 hours prior to events on the weekend. If there is not a notification listed, and you have not received an email, the program is on as scheduled.

# SPRING COMMUNITY ROOM PROGRAMS

## MONDAYS

### ARTS AND CRAFTS

Children in pre-k through 3rd grade are eligible to participate in our upcoming spring Arts and Crafts classes!

- **Days:** Mondays
- **Dates:** 4/4, (no class 4/11- Spring Break), 4/18, 4/25, 5/2, 5/9, 5/16, 5/23, 6/6
- **Times:**
  - Pre-K with Adult: 4:00PM - 5:00PM
  - Kindergarten through 3rd Grade: 5:00PM - 6:00PM
- **Age:** Pre-K - 3rd Grade
- **Location:** Paramus Recreation Community Room
- **Price:** \$65.00



### OUTDOOR YOGA CLASSES

Children ages 4 through 12 are eligible to participate in our upcoming spring yoga classes!

- **Days:** Mondays
- **Dates:** 4/18, 4/25, 5/2, 5/9, 5/16, 5/23
- **Times:** 6:00PM - 7:00PM
- **Age:** 4 Years Old - 12 Years Old
- **Location:**
  - *In the event of inclement weather, all classes will be moved indoors at the Paramus Recreation Community Room.*
- **Price:** \$100.00



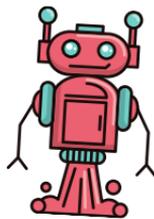
# SPRING COMMUNITY ROOM PROGRAMS

## WEDNESDAYS

### BRIDGES AND BUILDING

Have you ever been across a bridge and wondered how it works? Get ready to get your mind in motion as you work with and take home your very own Structures Set! Learn all about buildings and bridges and how they literally support our lives! Experiment with different types of bridges and find out how their architectural design provides massive weight support. Discover all the types of forces applied and how engineers manage to reduce their effects. With your kit, you can build up to nine working models such as a house, pyramid, and various types of bridges: beam, arch, truss, cable-stayed and suspension bridge. You will study theory and learn the history of some amazing structures and historical landmarks. Come bring out the architect side of you as you enter the fascinating world of bridges and buildings and explore the magic of STEM!

- **Days:** Wednesdays
- **Dates:** 3/23, 3/30, 4/6, (No Class 4/13), 4/20, 4/27, 5/6, 5/11, 5/18
- **Times:** 5:30PM - 6:30PM
- **Age:** 7 Years Old - 11 Years Old
- **Location:** Paramus Recreation Community Room
- **Price:** \$135.00



## THURSDAYS

### SOLAR BOT .14

Come and take home your very own 14 in 1 educational solar robot kit! Every hour more solar energy reaches the Earth than humans use in an entire year! Learn how solar energy works and witness firsthand how this technology can harness the sun's energy source. This kit contains unique components and parts that operate on land and water. Construct 14 different solar powered robots from functional to comical designs which include a tortoise bot, bug bot, paddle bot, tumbler bot, monster bot, big wheeler bot, car bot, surfer bot, and rowing bot! Working with its motor, gears, and solar panel, watch your solar bot come to life without any batteries as it uses the power of the sun. Take part in one of the alternative energies that is used most widely across the globe. Use your own creativity, put your mind in motion, and create your own designs!

- **Days:** Thursdays
- **Dates:** 3/24, 3/31, 4/7, (No Class 4/14), 4/21, 4/28, 5/5, 5/12, 5/19
- **Times:** 5:30PM - 6:30PM
- **Age:** 8 Years Old - 12 Years Old
- **Location:** Paramus Recreation Community Room
- **Price:** \$135.00

# SPRING SPORTS

## **GIRLS K-2 LACROSSE CLINIC**

We will be offering a spring lacrosse clinic for girls in kindergarten through 2nd grade!

- **Days:** Saturdays
- **Dates:** 4/23, 4/30, 5/7, 5/14, 5/21, (no class 5/28- Memorial Day Weekend), 6/4.
  - *Weather cancellations will be made up on 6/11 and/or 6/18*
- **Time:** 12:45PM - 1:45PM
- **Age:** Girls in Grades K-2
- **Location:** Parkway Elementary School
- **Items to Bring:** Each participant should wear athletic apparel and sneakers. It may be chilly some days, so extra layers are also recommended during these times. Each participant should also bring their own water bottle. Lacrosse sticks can be provided if requested, but it is recommended that each participant bring their own.
- **Price:** \$95.00



## **BOYS K-2 LACROSSE CLINIC**

We will be offering a spring lacrosse clinic for boys in kindergarten through 2nd grade!

- **Days:** Saturdays
- **Dates:** 3/12, 3/19, (No Class 3/26), 4/2, (No Class 4/9 or 4/16), 4/23, (No Class 4/30 or 4/7), 5/14
- **Time:** 2:00PM - 3:00PM
- **Age:** Boys in Grades K-2
- **Location:** Paramus High School Turf Field
- **Items to Bring:** Each participant should wear athletic apparel and sneakers. It may be chilly some days, so extra layers are also recommended during these times. Each participant should also bring their own water bottle. Lacrosse sticks can be provided if requested, but it is recommended that each participant bring their own.
- **Price:** \$65.00

# SPRING SPORTS

## INTRO TO SPORTS CLINICS

We will be offering Saturday multisport clinics for children 2 years old through 5 years old.

- **Days:** Saturdays
- **Dates:** 4/23, 4/30, 5/7, 5/14, 5/21, (no class 5/28- Memorial Day Weekend), 6/4.
  - *Weather cancellations will be made up on 6/11 and/or 6/18*
- **Time:**
  - 3 Years Old - 5 Years Old (Class #1): 9:00AM - 10:00AM
  - 2 Years Old - 3 Years Old (with required Parent Participation): 10:15AM - 11:15AM
  - 3 Years Old - 5 Years Old (Class #2): 11:30AM - 12:30PM
- **Age:** 2 Years Old - 5 Years Old
- **Location:** Parkway Elementary School
- **Items to Bring:** Each participant should wear athletic apparel and sneakers. It may be chilly some days, so extra layers are also recommended during these times. Each participant should also bring their own water bottle.
- **Price:** \$110.00



## PICK UP BASKETBALL

We will be offering a spring pick up basketball program for children in grades 3-8! This program will be run by Mustangz AAU.

- **Days:** Wednesdays
- **Dates:** 4/20, 4/27, 5/4, 5/11, 5/18, 5/25
  - *Weather cancellations will be made up on 6/1 and/or 6/8*
- **Times:**
  - 3rd/4th Grade: 6:00PM - 7:00PM
  - 5th/6th Grade: 7:00PM - 8:00PM
  - 7th/8th Grade: 8:00PM - 9:00PM
- **Age:** Children in Grades 3-8
- **Location:** East Brook Middle School Outdoor Courts
  - *In the event of inclement weather, all pick up basketball clinics will be moved indoors*
- **Items to Bring:** Each participant should wear athletic apparel and sneakers. It may be chilly some days, so extra layers are also recommended during these times. Each participant should also bring their own water bottle
- **Price:** \$90.00



# SPRING SPORTS

## **SPRING TRACK AND FIELD**

Children in Grades 1 through 8 are eligible to participate in our Spring Track and Field program! This program will be overseen by Head Coach, Deana Fletcher. The program will take place starting late-March, and will run through the end of May/ early June.

**Track events include:** Dashes, Intermediate Distance Runs, Relays, Hurdles, and Race-Walking.

**Field events include:** Long Jump, High Jump, Triple Jump, Shot Put, Discus, & Turbo Javelin.

**Practice Information:** (all dates and times are subject to change)

- **Days:** Wednesdays and Fridays
- **Dates:** Practices are scheduled to start the week of 3/28, and will run through late May.
- **Times:** 7:00PM - 8:30PM
- **Age:** Children in Grades 1-8
- **Location:** Paramus High School Track
- **Items To Bring:** Each participant should wear athletic apparel and sneakers. It may be chilly some days, so extra layers are also recommended during these times. Each participant should also bring their own water bottle.
- **Price:**
  - Registration Fee: \$90.00

## **Meet Information:**

- **Days:** Sunday Mornings
- **Times:** TBD
- **Age:** Children 7 Years Old - 14 Years Old
- **Location:** Neighboring Communities, TBD
- **Items to Bring:** Each participant should wear athletic apparel and sneakers. It may be chilly some days, so extra layers are also recommended during these times. Each participant should also bring their own water bottle.
- **Uniform Fee:** \$25.00
  - *Uniforms are required for participants interested in participating in the NJ Striders Sunday Meets.*

**There will be a mandatory Parent's meeting on Thursday, 3/24, 7:00PM at the Recreation Center.**



# SPRING SPORTS

## **SPRING TENNIS CLASSES**

We will be offering spring tennis classes for both children and adults this Spring! Our classes will be run by Play TGA. The dates and times, along with the age distributions, are as follows:

### **Monday/ Wednesday Classes:**

5:00PM - 6:00PM: Grades K-2 (Beginner)

6:00PM - 7:00PM: Grades 3-6 (Beginner)

7:00PM - 8:00PM: Grades 3-8 (Intermediate Class- Moderate Experience Required)

8:00PM - 9:00PM: Grades 7-10 (Beginner)

### **Tuesday/ Thursday Classes:**

5:00PM - 6:00PM: Grades K-2 (Beginner)

6:00PM - 7:00PM: Grades 3-6 (Beginner)

7:00PM - 8:00PM: Grades 3-8 (Advanced Class- Experienced Required)

8:00PM - 9:00PM: Adult Class



### **Spring 2022 Dates:**

Monday/ Wednesday Classes: 4/18, 4/20, 4/25, 4/27, 5/2, 5/4, 5/9, 5/11, 5/16, 5/18

Tuesday/ Thursday Classes: 4/19, 4/21, 4/26, 4/28, 5/3, 5/5, 5/10, 5/12, 5/17, 5/19

- *Makeup Classes will be completed the week of May 23rd, and/or May 30th.*

**Location:** Cliff Gennarelli Sports Complex Tennis Courts

- Garden State Plaza Pkwy, Paramus, NJ 07652

### **Additional Information:**

- **Items to Bring:** All participants should arrive wearing athletic apparel, and should bring their own tennis racket and water.
- Parents are required to walk their children to and from the tennis courts at the beginning and end of each class. Children will not be permitted to walk to and from the tennis courts to the parking lot by themselves.

**Fee:** \$110.00

For any questions regarding equipment, and/or inquiries regarding the experience levels required for our 3rd-8th grade Intermediate and Advanced Classes, can be directed to TGA's Tennis Director, Christine Kostianis. She can be reached by phone or email.

- **Email:** [ckostianis@playtga.com](mailto:ckostianis@playtga.com)
- **Phone:** 917-304-3986

# SPRING SPORTS

## **KARATE CLASSES**

The Dojo Paramus will be offering Karate Classes to Paramus Residents ages 4-12 Years Old! Please view the information below for further information. To register and/or for additional information, please email Melissa at [senseimelissa@yahoo.com](mailto:senseimelissa@yahoo.com) or call the Dojo Paramus at 201-262-0457.

Little Ninja 10 week program (Ages 4-7) Students will learn the basics of kicking and punching while in a fun environment involving games and drills. The 10-Class program revolves around martial arts concepts of focus, teamwork, control and discipline. This is a ranking program that ends with a belt test on the last class day.

### Class Option #1:

- Dates: Saturdays, April 2- June 18 (No Class 4/19)
- Time: 10:00AM -10:45AM
- Location: 407 Sette Drive S-2, Paramus, NJ 07652
- Price: \$330.00 (Includes karate uniform (top, bottom, and belt)



### Class Option #2:

- Dates: Tuesday's April 16-May 28
- Time: 4:45PM-5:30PM
- Location: 407 Sette Drive S-2, Paramus, NJ 07652
- Price: \$330.00 (Includes karate uniform (top, bottom, and belt)

## **MEN'S LOB PITCH SOFTBALL LEAGUE**

- Registration WILL NOT be taken online. All interested participants must be listed on a team roster submitted by the team manager.
- This league will run from April (weather permitting) through early August.
- Game times are TBA, and will be located at Reid Park or the Sports Complex.
- **Price:** \$95.00 (Non-Resident: \$110.00)
  - *We are currently accepting new teams! If interested, please email Ed Grill, at [egrill@paramusborough.org](mailto:egrill@paramusborough.org).*

## **PARTICIPANT RULES**

- **AGE:**
  - Each team will be a lotta 3 players on their roster within the ages of 25 and 29. All other players must be 30 years of age and older by April 1st, 2022
- **RESIDENCY**
  - All players must presently reside in the Borough of Paramus. Former residents of the Borough of Paramus would be eligible to participate as long as they previously resided in the Borough of Paramus for a minimum of 4 years. Anyone who doesn't currently live in Paramus must pay a \$15.00 non-resident fee.

*There will be a Team Captains Meeting Thursday March 10th. Time and Location TBA.*

# SPRING BREAK ACTIVITY

## **SPRING BREAK MULTISPORT CAMP**

We will be offering a three-day multisport camp to Paramus Residents during their spring break. This will be run by Play TGA.

- **Dates:** Tuesday, April 12th through Thursday, April 14th. Rain date will be Friday, April 15th.
- **Age:** Kindergarten through 6th Grade
- **Time:** 1:00PM - 3:30PM
- **Location:** Cliff Gennarelli Sports Complex
- **Items to Bring:** All participants should arrive wearing athletic apparel, and should bring their own water.
- **Price:** \$110.00



## SPECIAL EVENTS

### **PARAMUS BUNNY MEET & GREET!**

- Paramus Residents are welcome to come take pictures with the Paramus Bunny! All participants will receive a goody bag. Arts & Crafts will be available on site for children while they wait to see the bunny. Participants must bring their own camera.
  - **Date:** Saturday, April 2nd
  - **Time:** 12:00PM - 3:00PM (*Line will close at 2:30PM*)
  - **Location:** Petruska Park



# FALL TACKLE FOOTBALL

## **FALL 2022 TACKLE FOOTBALL PROGRAM**

\*REGISTRATION DEADLINE – JUNE 15th, 2022\*



- **Ages:**
  - Grades 1 & 2: Mighty Might Tackle
  - Grades 3 & 4: Pee Wee Tackle
  - Grades 5 & 6: Juniors Level Tackle
  - Grades 7 & 8: Seniors Level Tackle
- **Registration Fee:** \$225.00
  - Includes Loaner Equipment – Helmet, Shoulder Pads, Practice Jersey, Practice Pants, Game Pants. Game Jerseys must be purchased separately.
- **Parent Association Fee:** \$TBD, you will be contacted by the Parent Association with further details.

### **Season Length: August – Mid November**

*Tackle Football is a 4 month commitment from all participants. Players are required to attend all practices and games. Absences from practices/ games can result in loss of playing time.*

- **Practices**
  - Begin the week of August 8th
    - Summer: Monday- Friday
    - Fall: Tuesday- Friday
      - Scrimmages may be scheduled on week nights & weekends, and all schedules are subject to change.
- **Games**
  - Scrimmages will be played in Mid to Late August
  - Games to begin Early September, and are played on Saturdays and/or Sundays.
  - Games will run through Mid- November.

Anyone Interested in Volunteering to Assist on the Sideline, In the Press Box, and/or Concession Stand, please complete the Recreation Department Intent to Coach Form, and required Background Check Form.

**\*Coaches Intent Deadline: 2/28/2022\***

## **FALL 2022 KINDERGARTEN & 1ST GRADE FLEX FOOTBALL**

- Participants wear full equipment, while learning the fundamentals of the game, and begin the season with flag football. As the season progresses, 1st grade participants graduate into tackle football if they choose to.
- **Fee:** \$225.00

# FALL CHEERLEADING



## **FALL 2022 CHEERLEADING**

\*REGISTRATION DEADLINE- JUNE 30th, 2022\*

*Limited Spaces Available*

- **Ages:** Grades 1-8
- **Registration Fee:** \$100.00
  - Registration Fee includes Loaner Uniform (Cheer Shell, Cheer Skirt, Team Bow, Blue & White Pom Poms, and White & Pink Pom Poms).
  - Breast Cancer Awareness Socks, Laces & Bows will be available for purchase at the time of uniform pick up.
  - Uniform pick up will take place in late August. All items from the Recreation Department must be dry cleaned and returned after the season. This includes: Cheer Shell, Skirt, Rain Jacket, & all Pom Poms. Participants will be charged for all items not returned.
- **Parents Association Fee:** TBD, you will be contacted by the Association with further details.

### **Season Length: August- Mid November**

- Cheer Camp
  - Cheer camp will be held the week of August 8th- 11th, OR August 15th-18th. The dates & times for each team will be determined by Early May.
  - **Camp Fee: \$75.00** (to be paid to PHS Cheerleading)
    - *Attendance to Cheer Camp is imperative to the learning of the squad's half time routine. Participants who do not attend cheer camp will be ineligible to participate in the pep rally, if they are not prepared.*
- Practices
  - Practice will begin the week following Cheer Camp, and days will be based on the coach's availability. Practices will be held 2-3 times per week.
- Games
  - Saturday Games will be for Squads in the following Grades: 4, 6, 8
  - Sunday Games will be for Squads in the following Grades: 1 & 2, 3, 5, 7
    - *For the safety of all participants, attendance to practices and games are mandatory. Excessive absences could result in the removal from the squad without refund.*

**\*Coaches Intent Deadline: 3/30/2022\***

# SUMMER PLAYGROUND



Paramus Residents are eligible to register for our upcoming summer playground program!

Our program will include cooling tents, onsite entertainment, sports, arts and crafts, and games. Children in grades 3-8 will go on trips to the Borough Pool and to another popular water park. All State COVID-19 guidelines will be followed.

SESSION 1: June 26th- July 15th (No playground on 7/4)

SESSION 2: July 18th- August 5th

Playground times (For Current Grades in the 2021-2022 School Year)

- K-2: 9:30AM- 2:30PM
- 3rd & 4th Grade: 9:15AM- 2:15PM
- 5th through 8th Grade: 9:00AM- 2:00PM
  - *All locations are TBD.*

Registration will begin Monday, April 4th, and will end on Friday, June 17th.

Registration for our summer playground program will be held in-person only. Our registration hours are as follows:

- Monday - Friday: 9:00AM - 4:00PM
- Thursday Evenings, 7:00PM - 8:30PM



# EMPLOYMENT OPPORTUNITIES

Summer Playground Applications will be available on March 14th, and will be due by April 15th. The upcoming available positions for our summer playground program are as follows:

- **Camp Counselor (15 Years Old & Up)**
  - Starting Rate: \$13.00/ hour
- **Assistant Playground Director (High School Graduate & Up):**
  - Starting Rate: \$15.00/ hour
- **Playground Director (B.A. OR Associates Degree & Up)**
  - Starting Rate: \$19.00/ hour
- **EMTs**
  - Starting Rate: \$19.00/ hour

# VOLUNTEER COACHES NEEDED!

The deadlines to submit an application to be a volunteer coach have been listed below. After these dates, coaches will be accepted based on need.

## **SPRING 2022 SPORTS:**

- Lacrosse, Track and Field, & Softball- Monday, February 28th.

## **FALL 2022 SPORTS:**

- Football: Monday, February 28th
- Cheerleading: Wednesday, March 30th
- Soccer & Cross Country: Monday, August 1st.

## **WINTER 2022/23 SPORTS:**

- Intown Basketball, Travel Basketball, & Wrestling- Monday, October 3rd

For further information on how to be a volunteer coach, please email us at [recdepartment@paramusborough.org](mailto:recdepartment@paramusborough.org)!

# REGISTRATION FORMS

Registrant's Name: .....

Registrant's Address: .....

Date of Birth: .....

Guardian's Name: .....

Guardian's Phone Number: .....

.....

Guardian's Email: .....

Male or Female (please circle)

Present Grade & School: .....

Allergies or Medical Conditions? .....

Emergency Contact Name: .....

Emergency Contact Phone: .....

T-Shirt Size: .....

Veteran/ Volunteer (Y/N): .....

ARTS & CRAFTS CLASSES	\$65.00
OUTDOOR YOGA CLASSES	\$100.00
BRIDGES AND BUILDING	\$135.00
SOLAR BOT .14	\$135.00
GIRLS K-2 LACROSSE CLINICS	\$95.00
BOYS K-2 LACROSSE CLINICS	\$65.00
INTRO TO SPORTS CLINICS	\$110.00
PICK UP BASKETBALL	\$90.00
TRACK AND FIELD	\$90.00
TENNIS CLASSES	\$110.00
SPRING BREAK MULTISPORT CAMP	\$110.00
FALL TACKLE FOOTBALL	\$225.00
FALL FLEX FOOTBALL	\$225.00
FALL CHEERLEADING	\$100.00

Please make sure that you sign off on the fourth page of the Code of Conduct Policy, the Withdrawal/Refund Policy, the Photo Release Waiver, as well as the Waiver Release and Indemnification Agreement which can be found in the back of this brochure. Please list all children being registered on the Player line. All those forms must be attached to this form in order for your registration to be processed.

# WAIVER, RELEASE, AND IDEMNIFICATION AGREEMENT

I, \_\_\_\_\_ (insert name), residing at \_\_\_\_\_ as a condition for allowing me, and/or the person(s) identified above, to engage in, attend and/or participate in the Borough of Paramus Recreation Department sponsored sports program or event (the "Program"), agree as follows:

I understand that anyone participating in any sports/fitness program should consult a physician before beginning any program. The Borough of Paramus and/or its agents, servants and/or representatives have made no evaluation or recommendation as to my child's ability or fitness to participate in the Program. By participating in the Program, I acknowledge that my child is fit and able to participate in the Program. I further acknowledge that my child can suffer bodily and other injuries at any time and without warning while participating in the Program.

Furthermore, I understand that the Borough is making all reasonable efforts to comply with the considerations of the COVID-19 Youth Summer Camp and Youth Sports Standards issued by the Center for Disease Control and Prevention, however, anyone participating in the Borough's Youth Summer Camp or Youth Sports program may be exposed to or may contract COVID-19 during their participation.

I understand these risks and I agree to assume each of them.

I hereby RELEASE AND DISCHARGE the Borough of Paramus from any and all liability, claims, demands or causes of action that I may hereafter have for any and all injuries or claims for damages arising out my child's participation in the Program.

I also agree to indemnify and hold harmless the Borough of Paramus, its agents, employees, volunteers, representatives, independent contractors, and/or assigns against any and all liability, claims, damages, costs and expenses, including reasonable counsel fees, which arise out of, result from, occur during or are connected in any manner to any action, accident or incident in connection with the Program.

This waiver, release and indemnification agreement shall be construed pursuant to the laws of the State of New Jersey and that New Jersey courts, whether state or federal, will have jurisdiction over any matters arising from this document.

Signature of Parent/ Legal Guardian:

Date:

\_\_\_\_\_

\_\_\_\_\_

# PARAMUS RECREATION CODE OF CONDUCT POLICY

The Borough of Paramus Recreation Department has adopted the following Code of Conduct Policy. This Code of Conduct Policy applies to all Coaches, Volunteers, Parents, Registrants/Players and any Spectators attending any Borough of Paramus Recreation Department sponsored event, including but not limited to practices and games. By signing below, I agree to abide by the following:

- I (and my guests) will show good sportsmanship at all times. This means I will not participate in nor encourage any swearing, foul language, fighting, or disrespect toward coaches, officials, players or other parents.
- I will not engage in fighting, horse play or other disruptive behavior during any practice or game.
- I will not argue with any coach or official's decision or publicly question his/her judgement or integrity during any practice or game.
- I agree to wait a full 24 hours before contacting a coach to discuss his/her decision or action taken during any practice or game.
- As a parent of any player, I will communicate respectfully with the coach to determine his/her expectations and to discuss any concerns or questions I have.
- I (and my guests) will refrain from coaching my child or other players during a game and/or practice unless I am an appointed coach to the team.
- I will be responsible for supervising others that I bring to the game and/or practice.
- I will not leave a child at game and/or practice unless a Borough approved volunteer is present.
- I agree to pick up my child from practice or a game at the designated end time. I understand that Borough sponsored recreation games/practices do not provide babysitting for my children.
- I (and my guests) will not use or be under the influence of drugs or alcohol while at a youth sports event and I will not attend, coach, officiate or participate in a youth sports event while under the influence of drugs or alcohol.
- I will demand a sports environment for my child/player that is free from drugs, tobacco, and alcohol.
- I will teach my child/player to play by the rules and to resolve conflicts without resorting to hostility or violence.
- I will demand that my child/player treat other players, coaches, officials, and spectators with respect, regardless of race, creed, color, religion, sex ability or any other protected class.
- I (and my guests) will praise my child/player for competing fairly and trying hard, and make that child feel like a winner every time.
- Attendance and participation in any Borough sponsored sports event is a privilege and not a right. Any player, coach, official or spectator's violation of the Code of Conduct policy may result in the revocation of that individuals' eligibility to participate and/or be present for any Borough sponsored sporting event.
- As a coach/volunteer, I will communicate respectfully with the players, officials, volunteers, spectators, and other coaches and parents of all players. I agree to 'lead by example' and understand that my actions and behavior set the tone for every game and practice.
- As a Coach, I agree to treat all players with respect, develop good sportsmanship in all players and as a team, instill a spirit of cooperation and team play, teach all players to play within the rules of the game and establish of practice of hand shaking immediately following the game in sportsmanship fashion.
- I understand that all volunteers must undergo and satisfy a Criminal History Background Check, and have proof of same (ID) whenever in the presence of a minor.
- I will not be under the influence of any drugs or alcohol while attending any Borough sponsored sports event.

I further understand that the game will be stopped by the official when a parent, spectator, or participant displays inappropriate and/or disruptive behavior which interferes with the progress of the game as determined by the official or coach. Officials and coaches have the authority to remove any violator from the spectators viewing area and/or game area. Once removed, play will resume. Lost time will not be made up and violators will be subject to further disciplinary action by the Paramus Recreation Commission. Inappropriate and disruptive behavior shall include but is not limited to: taunting, cursing, fighting, threatening physical violence, destruction of equipment and/or property.

I acknowledge that any violation of this code of Conduct may subject the offending party to disciplinary action. Disciplinary action may be imposed by a Coach, Official, or the Borough of Paramus Recreation Commission. Any Coach or Official imposing disciplinary action must thereafter notify the Paramus Recreation Commission of such action. The following is a non-exhaustive list of disciplinary action which may occur:

- Verbal Warning;
- Written Warning;
- Immediate suspension from playing, coaching/volunteering and/or attending any sports event;
- Benching of player for duration of game/practice or longer;
- Removal of any parent or spectator;
- Game forfeiture;
- Any other action deemed necessary.

I acknowledge that the Borough of Paramus does not follow a 'progressive discipline' policy. This means that any disciplinary action may be taken based on the current situation and in the sole discretion of the Coach, Official or Recreation Commission.

I further acknowledge that if I disagree with the imposition of any disciplinary action, I have the right to request a hearing before the Recreation Commission Judiciary. I understand that any disciplinary action imposed, including suspension, shall remain in effect pending a hearing before the Recreation Commission Judiciary Committee.

The Recreation Commission Judiciary hearing may result in the following actions (which are not an exhaustive list of possible actions):

- Finding of insufficient cause for further action.
- Upholding or amending any prior disciplinary action imposed.
- Imposition of a suspension of the person(s) from attending Recreation sanction events for a specified time period.
- Pursuant to New Jersey Public Law 2002, c.74 (C.5:17-1 et seq.), requiring any individual(s) culpable of the infraction(s) to submit proof that they successfully attended and completed anger management counseling through a public or private source at their own expense prior to consideration to being admitted back to participate or attend Recreation sanctioned events.
- Being held personally liable for any fines or penalties levied due to the individual's actions, or due to the actions of an individual under their care or supervision.
- Banning persons (players, coaches, spectators and volunteers) from participating or attending Recreation sanction events.

I hereby certify that by affixing my signature below, as the registrant, and/or as the legal guardian or parent of any child participating in the Paramus Recreation Programs, as well as Coach/Volunteer, that I have read the above Code of Conduct Policy and agree to abide by the Code of Conduct Policy.

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Player (Print)

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Dated

---

Parent/ Guardian Signature

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Dated

---

Coach/ Volunteer Signature

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Dated

## WITHDRAWAL & REFUND POLICY

I understand that by registering my child for any Borough of Paramus Recreation Commission sponsored program, I am agreeing to pay the required fee for participation. I further acknowledge that should I withdraw from participation, for any reason, or should I be forced to withdraw from participation for any reason, there will be no refund or credit given.

---

Parent/Guardian (signature)

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Dated

# PUBLICITY WAIVER AND RELEASE

The Borough of Paramus and Borough of Paramus Recreation Department, with offices located at One Jockish Square, Paramus, New Jersey 07652 (collectively the "Borough") desires to use and publicize the name, likeness, and other personal characteristics of the individual, a minor, named below for advertising, promotion, and other commercial and business purposes. I hereby irrevocably permit, authorize, grant, and license the Borough and its employees, officers, directors, and agents of each and all of them ("Authorized Persons"), the rights to display, publicly perform, exhibit, transmit, broadcast, reproduce, record, photograph, digitize, modify, alter, edit, adapt, create derivative works to use my child's name, image, likeness and appearance and other personal characteristics in perpetuity throughout the universe in any medium or format whatsoever now existing or hereafter created, including but not limited to, in and on brochures, flyers, Borough website, and other print publications, electronic, magnetic, and optical media, and other advertising and promotional materials, on any platform and for the purpose of reporting, advertising and promoting the Borough of Paramus Recreation Department (the "Materials"). I specifically agree that any pictures or videos taken of my minor child can be used by the Borough of Paramus and Borough of Paramus Recreation Department for any lawful purpose.

The Borough shall be the exclusive owner of all rights, including copyright, in the Materials. I hereby irrevocably transfer, assign, and otherwise convey to Company my entire right, title, and interest, if any, in and to the Materials and all copyrights and other intellectual property rights in the Materials arising in any jurisdiction throughout the universe in perpetuity, including all registration, renewal, and reversion rights, and the right to sue to enforce such copyrights against infringers. I acknowledge and agree that I have no right to review or approve Materials before they are used by Borough and that the Borough has no liability to me for any editing or alteration of the Materials or for any distortion or other effects resulting from the Borough's editing, alteration, or use of the Materials,

THIS AGREEMENT PROVIDES THE BOROUGH WITH YOUR ABSOLUTE AND UNCONDITIONAL CONSENT, WAIVER, AND RELEASE OF LIABILITY, ALLOWING THE BOROUGH TO PUBLICIZE AND COMMERCIALY USE YOUR NAME, LIKENESS, AND OTHER PERSONAL CHARACTERISTICS AS SET OUT ABOVE. BY SIGNING, YOU ACKNOWLEDGE THAT YOU HAVE READ AND UNDERSTOOD ALL OF THE TERMS OF THIS AGREEMENT CONSENT TO THE USE OF YOUR IMAGE AND THE LIKE.

\_\_\_\_\_  
Signed (Print Name of Minor)

\_\_\_\_\_  
Dated

I am the parent or legal guardian of the minor named above. I have the legal right to consent to and, by signing below, I hereby do consent in all respects to the terms and conditions of this Publicity Waiver and Release and agree that both the minor and I shall be bound by all of its terms and conditions.

\_\_\_\_\_  
Signed (Parent or Legal Guardian)

\_\_\_\_\_  
Dated

# STAY TUNED!

The Recreation Department is working hard to continuously offer new programs! Follow us on our social media platforms for live-time updates:

Instagram: @ParamusRecreation

Facebook: @ParamusRec

Borough Website- Recreation Page:



RECREATION DIRECTOR: Megan Schaffer

ASSISTANT RECREATION DIRECTOR: Stephanie Garino

ASSISTANT RECREATION DIRECTOR: Edward Grill

RECREATION LEADER: Dan Conte

Council Liaisons: Robert Kaiser & Joseph Vartolone

Paramus Recreation Commission

Chairman- Gary Zysman

Dennis Arslanian

Michael Bellinger

Vince Feorenzo

Josie Giugliano

Jeff Lepselter

Michael Pallotto

Paula Perides

Bill Stallone

# THANK YOU!

WE WOULD LIKE TO THANK THE FOLLOWING  
ORGANIZATIONS FOR BEING A 2022 PARAMUS  
RECREATION SPONSOR!

## HEADLINE SPONSORS



## PLATINUM SPONSORS

Bright View Senior Living  
Urban Edge Properties  
Valley Bank

## GOLD SPONSORS

Columbia Bank  
Orange Lantern  
New Bridge Medical Center  
Care Plus Bergen

Interested in being a Paramus Recreation Sponsor? Email Megan Schaffer at  
[mschaffer@paramusborough.org](mailto:mschaffer@paramusborough.org)!