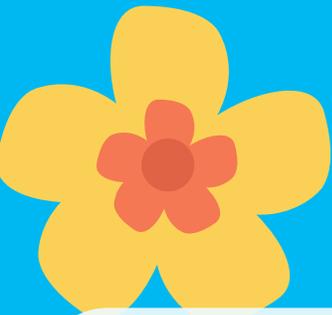


PARAMUS RECREATION

# SUMMER



# 2025

**OFFICE HOURS:**

Monday - Friday, 8:30AM - 4:30PM

**REGISTRATION OFFICE:**

475 N. Farview Ave

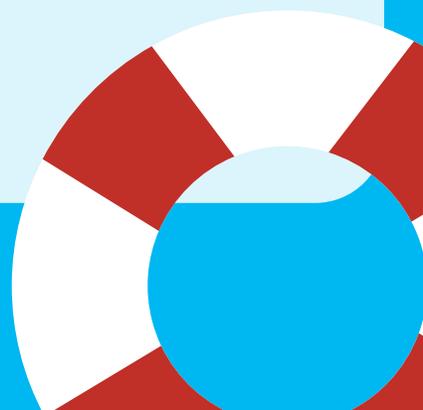
**REGISTRATION HOURS:**

Monday - Friday, 9:00AM - 4:00PM  
Thursday Evenings, 7:00PM - 8:30PM

**PHONE:**

201-265-9321

**REGISTRATION BEGINS: MONDAY, 6/9**



[paramusborough.org/204/Recreation](http://paramusborough.org/204/Recreation)

# POLICIES & PROCEDURES

At the back of this brochure are four documents that need to be read and signed off on.

## \*FIRST TIME REGISTRANTS\*

New Registrants must submit the following to the Recreation Department:

- Proof of Residency
- Child's Birth Certificate and/or Passport
- Primary Phone Number and Email Address

## RETURNING REGISTRANTS- Online Registration

1. Register Online at [www.paramusborough.org](http://www.paramusborough.org)
2. Click on 'registration' and follow the guide through Community Pass

*Online Registration is only available if you are already in the Paramus Recreation Department's computer system. This does not include Paramus Junior Baseball (PJBL).*

## PAYMENT OPTIONS

1. Credit Card (registrants will be charged a 2.75% convenience fee of their total transaction).
2. Check (in-person only: NO Mail in registrations)
3. Cash (in-person only: NO Mail in registrations)

## REGISTRATION/ REFUND POLICY

All Programs are on a first come, first serve basis with proper registration. Registration deadlines for all sports can be found in the description of each individual activity. Unless a program is cancelled by the Recreation Department there will be absolutely NO refunds or credit given for anyone wishing to withdraw from a program. If a program is cancelled, you will be emailed a refund request form and any other documents needed. Refund Request forms must be returned within 30 days for monetary refunds. After 30 days, you will be issued a Community Pass account credit.

## VOLUNTEER SERVICE ORGANIZATIONS

All members of volunteer service organizations affiliated with the Borough of Paramus are entitled to a 50% discount of all registration fees. Discount is not applicable towards costs associated with uniforms or tryout fees. Every season the volunteer's service organization's captain has to sign off on a certificate of certification that the member is indeed active in that organization.

## INCLEMENT WEATHER NOTIFICATION

In the event there is poor weather, you can find notification on our website or Facebook after 3:00PM Monday- Friday, and 1.5 hours prior to events on the weekend. If there is not a notification listed, and you have not received an email, the program is on as scheduled.

## **ALL INCLUSIVE PROGRAMMING**

Every program offered by the Paramus Recreation Department is an all-inclusive program for children of different abilities. Each participant will be evaluated on a case to case basis, to assure that the program being offered can fit their needs safely. If your child requires a Special Needs Assistant for our programs, please notify us via email [recdepartment@paramusborough.org](mailto:recdepartment@paramusborough.org) once you are registered for the program. We ask that you provide us at least two weeks notice of any special requests, including a Special Needs Assistant so that we can honor your request accordingly.

# SUMMER ARTS AND CRAFTS

## ARTS AND CRAFTS CLASSES

Children who have just completed Pre-K through 4<sup>th</sup> grade are eligible to participate in our summer arts and crafts classes! The dates and times can be found below:

- **Days:** Mondays
- **Dates:** 6/30, 7/7, 7/14, 7/21, 7/28, 8/4, 8/11, 8/18, 8/25
- **Ages/Times:**
  - 4:00PM - 5:00PM: Pre-K w/ Adult Participation
  - 5:00PM - 6:00PM: Grades K-2
  - 6:00PM - 7:00PM: Grades 3-4
  - 7:00PM - 8:00PM: Diff-Abilities (ESY) Participants
- **Location:** TBD
- **Fee:** \$75 per participant



# PICK UP BASKETBALL

## PICK UP BASKETBALL

Boys and Girls in Grades 3-8 (2024-25 School Year) are eligible to participate in our summer pick up basketball program! These sessions will be run by Mustangz AAU.

- **Days:** Wednesdays
- **Dates:** 6/25, 7/2, 7/9, 7/16, 7/23, 7/30, 8/6, 8/13 (8 Sessions Total)
- **Ages/Times:**
  - 5:00PM - 6:00PM: Grades 3-4
  - 6:00PM - 7:00PM: Grades 5-8
- **Location:** East Brook Old Gym
- **Fee:** \$160.00 per participant



# TENNIS CLASSES

## SUMMER TENNIS CLASSES

We will be offering tennis classes for children this Summer! Our classes will be run by Play TGA. The dates and times, along with the age distributions, are as follows:

### Monday/ Wednesday Classes (10 Classes):

5:00PM - 6:00PM: Grades K-2 (Beginner)

6:00PM - 7:00PM: Grades 3-5 (Beginner)

7:00PM - 8:00PM: Grades 6-8 (Beginner)

◦ **Dates:**

- Mondays 7/14, 7/21, 7/28, 8/4, 8/11
- Wednesdays: 7/16, 7/23, 7/30, 8/6, 8/13

### Tuesday/ Thursday Classes (10 Classes):

5:00PM- 6:00PM: Grades K-2 (Beginner)

6:00PM - 7:00PM: Grades 3-5 (Beginner)

7:00PM - 8:00PM: Grades 6-9 (Intermediate)

8:00PM - 9:00PM: Grades 10- Adult Class

◦ **Dates:**

- Tuesdays: 7/15, 7/22, 7/29, 8/5, 8/12
- Thursdays: 7/17, 7/24, 7/31, 8/7, 8/14

### Location: Cliff Gennarelli Sports Complex Tennis Courts

- Garden State Plaza Pkwy, Paramus, NJ 07652

### Additional Information:

- Items to Bring: All participants should arrive wearing athletic apparel, and should bring their own tennis racket and water.
- Parents are required to walk their children to and from the tennis courts at the beginning and end of each class. Children will not be permitted to walk to and from the tennis courts to the parking lot by themselves.

### Fee: \$130.00

For any questions regarding equipment, and/or inquiries regarding the experience levels required for our Intermediate classes, can be directed to TGA's Tennis Director, Christine Kostianis. She can be reached by phone or email.

- Email: [ckostianis@playtga.com](mailto:ckostianis@playtga.com)
- Phone: 917-304-3986



# GIRLS VOLLEYBALL CAMP

## GIRLS SUMMER VOLLEYBALL CAMP

Girls in Grades 3-7 (2024/25 school year), as well as rising 9<sup>th</sup> - 12<sup>th</sup> grade athletes, are eligible to register for our 4-Day Summer Volleyball Camp! This will be run by PHS Varsity Coach, Kerri Dolack. The dates and times per age group is as follows:

**Dates:** July 21 - July 24

**Times:**

- 3:00PM - 5:00PM: Rising 9<sup>th</sup> - 12<sup>th</sup> Grade
- 5:00PM - 6:30PM: Grades 3-4 (2024/25 school year)
- 6:30PM - 8:00PM: Grades 5-7 (2024/25 school year)

**Location:** PHS Main Gym

**Items to Bring:** All registrants should wear athletic apparel, and should bring their own water. Knee Pads are highly recommended.

**Fee:** \$150 per participant (T-Shirt Included!)



# SPEED & AGILITY TRAINING

## SUMMER SPEED & AGILITY TRAINING

Children in Kindergarten through 8th Grade (2024/25 school year) are eligible to participate in our Summer Speed & Agility Training Sessions! This will be overseen by JetSette Speed Training.

Participants will learn age-appropriate skills that can be applicable to all sports. A comprehensive training regimen will be followed; participants will focus on fundamentals, enhancing speed, lateral movement, and reaction times through specialized drills and exercises.

- **Days:** Wednesdays
- **Dates:** 7/9, 7/16, 7/23, 7/30, 8/6, 8/13
- **Times:**
  - 5:00PM - 6:00PM: Kindergarten - 4<sup>th</sup> Grade
  - 6:00PM - 7:00PM: 5<sup>th</sup> Grade - 8<sup>th</sup> Grade
- **Location:** Parkway 9v9 Field
- **Items To Bring:** All participants should wear proper athletic attire (sneakers/ running shoes), and should bring their own water
- **Price:** \$115.00



For any questions on the program format, equipment, and/or experience level needed, please contact Coach Bessette at [jetsettespeedtraining@gmail.com](mailto:jetsettespeedtraining@gmail.com)

# **EARLY REGISTRATION: FALL**

## **GIRLS TRAVEL VOLLEYBALL**

Girls entering Grades 6 - 8 for the 2025/26 School Year are eligible to try out for our upcoming Travel Volleyball Programs! Please see below for the program descriptions. Participants interested in any of the below programs must attend at least one tryout date in order to be considered for any of the travel programs. Tryouts will be held the first week of September. Specific dates, times, and location will be sent out the last week of August. After tryouts, individuals will receive an email stating if they have been offered a spot for either program. **The deadline to register for tryouts will be Sunday, August 31st**

### **TRAVEL TRAINING TEAM:**

- Participants will focus on advanced volleyball skills and will obtain a clearer understanding of the sport and how to compete in a full game setting. Participants will focus on team rotations, scoring, serving, and position-specific drills. This Travel Training Team is designed to provide participants with the opportunity to take the next step towards understanding the game itself and focus on improving their foundation and skills. This program will provide a higher-level of coaching and is suited for individuals who have prior volleyball experience.
- Pending skill level, participants may have the opportunity to compete against Middle School Teams from neighboring towns.
- Sessions will be held 2-3 times per week, 4:00PM- 5:30PM at East Brook Middle School (dates/times subject to change). This program will run from early September through the end of October.
- Tryout Fee: \$15 Per Participant
- Fee: \$150 Per Participant

### **TRAVEL VOLLEYBALL TEAM**

- Participants selected for the Travel Volleyball team will participate in full travel volleyball season consisting of practices and games.
- The season will run from early September through the end of October/ early November. Practices will be hosted 3-4 times a week (Monday - Friday) at East Brook Middle School, starting at 4:00PM. Games will be both home and away in neighboring towns.
- Tryout Fee: \$15 Per Participant
- Fee: \$250 Per Participant





RELAY  
FOR LIFE®

# RELAY FOR LIFE OF PARAMUS

*Friday, June 6, 2025*

*6pm-2am*

*Recreation Fields @  
Parkway Elementary School*

*(145 E. Ridgewood Ave Paramus)*



*Relay For Life is a volunteer-driven event supporting the American Cancer Society. Individuals and teams walk, engage in ceremonies, and participate in activities while honoring, remembering, and fighting back for those impacted by cancer. Cancer Survivors, individuals who have heard the words 'you have cancer,' are VIPs at Relay For Life events. Since its inception in 2013, the Paramus Relay has raised over \$1 million for the American Cancer Society.*

*Celebrate  
Remember  
Fight Back*

All Paramus and neighboring community members are invited! Register today by scanning the QR code, by visiting [www.relayforlife.org/paramusnj](http://www.relayforlife.org/paramusnj), or by calling 1-800-227-2345.



**Contact [relayforlifeofparamus@gmail.com](mailto:relayforlifeofparamus@gmail.com) or call 732-852-4068 with any questions, to volunteer, or to discuss sponsorship opportunities.**

# **REGISTRATION FORMS**

**Participant's Name:** .....

**Participant's Date of Birth:** .....

**Participant's Grade:** .....

**Participant's T-Shirt Size:** .....

**Allergies or Medical Conditions?:** .....

**Home Address:** .....

**Guardian's Name:** .....

**Guardian's Phone Number:** .....

**Emergency Contact Name:** .....

**Emergency Contact Number:** .....

**Guardian's Email:** .....

**Activity Registering For:** .....

Please make sure that you sign off on the fourth page of the Code of Conduct Policy, the Withdrawal/Refund Policy, the Photo Release Waiver, as well as the Waiver Release and Indemnification Agreement which can be found in the back of this brochure. Please list all children being registered on the Player line. All those forms must be attached to this form in order for your registration to be processed.

# WAIVER, RELEASE, AND IDEMNIFICATION AGREEMENT

I, \_\_\_\_\_ (insert name), residing at \_\_\_\_\_ as a condition for allowing me, and/or the person(s) identified above, to engage in, attend and/or participate in the Borough of Paramus Recreation Department sponsored sports program or event (the "Program"), agree as follows:

I understand that anyone participating in any sports/fitness program should consult a physician before beginning any program. The Borough of Paramus and/or its agents, servants and/or representatives have made no evaluation or recommendation as to my child's ability or fitness to participate in the Program. By participating in the Program, I acknowledge that my child is fit and able to participate in the Program. I further acknowledge that my child can suffer bodily and other injuries at any time and without warning while participating in the Program.

Furthermore, I understand that the Borough is making all reasonable efforts to comply with the considerations of the COVID-19 Youth Summer Camp and Youth Sports Standards issued by the Center for Disease Control and Prevention, however, anyone participating in the Borough's Youth Summer Camp or Youth Sports program may be exposed to or may contract COVID-19 during their participation.

I understand these risks and I agree to assume each of them.

I hereby RELEASE AND DISCHARGE the Borough of Paramus from any and all liability, claims, demands or causes of action that I may hereafter have for any and all injuries or claims for damages arising out my child's participation in the Program.

I also agree to indemnify and hold harmless the Borough of Paramus, its agents, employees, volunteers, representatives, independent contractors, and/or assigns against any and all liability, claims, damages, costs and expenses, including reasonable counsel fees, which arise out of, result from, occur during or are connected in any manner to any action, accident or incident in connection with the Program.

This waiver, release and indemnification agreement shall be construed pursuant to the laws of the State of New Jersey and that New Jersey courts, whether state or federal, will have jurisdiction over any matters arising from this document.

Signature of Parent/ Legal Guardian:

Date:

\_\_\_\_\_

\_\_\_\_\_

# CODE OF CONDUCT POLICY

The Borough of Paramus Recreation Department has adopted the following Code of Conduct Policy. This Code of Conduct Policy applies to all Coaches, Volunteers, Parents, Registrants/Players and any Spectators attending any Borough of Paramus Recreation Department sponsored event, including but not limited to practices and games. By signing below, I agree to abide by the following:

- I (and my guests) will show good sportsmanship at all times. This means I will not participate in nor encourage any swearing, foul language, fighting, or disrespect toward coaches, officials, players or other parents.
- I will not engage in fighting, horse play or other disruptive behavior during any practice or game.
- I will not argue with any coach or official's decision or publicly question his/her judgement or integrity during any practice or game.
- I agree to wait a full 24 hours before contacting a coach to discuss his/her decision or action taken during any practice or game.
- As a parent of any player, I will communicate respectfully with the coach to determine his/her expectations and to discuss any concerns or questions I have.
- I (and my guests) will refrain from coaching my child or other players during a game and/or practice unless I am an appointed coach to the team.
- I will be responsible for supervising others that I bring to the game and/or practice.
- I will not leave a child at game and/or practice unless a Borough approved volunteer is present.
- I agree to pick up my child from practice or a game at the designated end time. I understand that Borough sponsored recreation games/practices do not provide babysitting for my children.
- I (and my guests) will not use or be under the influence of drugs or alcohol while at a youth sports event and I will not attend, coach, officiate or participate in a youth sports event while under the influence of drugs or alcohol.
- I will demand a sports environment for my child/player that is free from drugs, tobacco, and alcohol.
- I will teach my child/player to play by the rules and to resolve conflicts without resorting to hostility or violence.
- I will demand that my child/player treat other players, coaches, officials, and spectators with respect, regardless of race, creed, color, religion, sex ability or any other protected class.
- I (and my guests) will praise my child/player for competing fairly and trying hard, and make that child feel like a winner every time.
- Attendance and participation in any Borough sponsored sports event is a privilege and not a right. Any player, coach, official or spectator's violation of the Code of Conduct policy may result in the revocation of that individuals' eligibility to participate and/or be present for any Borough sponsored sporting event.
- As a coach/volunteer, I will communicate respectfully with the players, officials, volunteers, spectators, and other coaches and parents of all players. I agree to 'lead by example' and understand that my actions and behavior set the tone for every game and practice.
- As a Coach, I agree to treat all players with respect, develop good sportsmanship in all players and as a team, instill a spirit of cooperation and team play, teach all players to play within the rules of the game and establish of practice of hand shaking immediately following the game in sportsmanship fashion.
- I understand that all volunteers must undergo and satisfy a Criminal History Background Check, and have proof of same (ID) whenever in the presence of a minor.
- I will not be under the influence of any drugs or alcohol while attending any Borough sponsored sports event.

# CODE OF CONDUCT POLICY (2)

I further understand that the game will be stopped by the official when a parent, spectator, or participant displays inappropriate and/or disruptive behavior which interferes with the progress of the game as determined by the official or coach. Officials and coaches have the authority to remove any violator from the spectators viewing area and/or game area. Once removed, play will resume. Lost time will not be made up and violators will be subject to further disciplinary action by the Paramus Recreation Commission. Inappropriate and disruptive behavior shall include but is not limited to: taunting, cursing, fighting, threatening physical violence, destruction of equipment and/or property.

I acknowledge that any violation of this code of Conduct may subject the offending party to disciplinary action. Disciplinary action may be imposed by a Coach, Official, or the Borough of Paramus Recreation Commission. Any Coach or Official imposing disciplinary action must thereafter notify the Paramus Recreation Commission of such action. The following is a non-exhaustive list of disciplinary action which may occur:

- Verbal Warning;
- Written Warning;
- Immediate suspension from playing, coaching/volunteering and/or attending any sports event;
- Benching of player for duration of game/practice or longer;
- Removal of any parent or spectator;
- Game forfeiture;
- Any other action deemed necessary.

I acknowledge that the Borough of Paramus does not follow a 'progressive discipline' policy. This means that any disciplinary action may be taken based on the current situation and in the sole discretion of the Coach, Official or Recreation Commission.

I further acknowledge that if I disagree with the imposition of any disciplinary action, I have the right to request a hearing before the Recreation Commission Judiciary. I understand that any disciplinary action imposed, including suspension, shall remain in effect pending a hearing before the Recreation Commission Judiciary Committee.

The Recreation Commission Judiciary hearing may result in the following actions (which are not an exhaustive list of possible actions):

- Finding of insufficient cause for further action.
- Upholding or amending any prior disciplinary action imposed.
- Imposition of a suspension of the person(s) from attending Recreation sanction events for a specified time period.
- Pursuant to New Jersey Public Law 2002, c.74 (C.5:17-1 et seq.), requiring any individual(s) culpable of the infraction(s) to submit proof that they successfully attended and completed anger management counseling through a public or private source at their own expense prior to consideration to being admitted back to participate or attend Recreation sanctioned events.
- Being held personally liable for any fines or penalties levied due to the individual's actions, or due to the actions of an individual under their care or supervision.
- Banning persons (players, coaches, spectators and volunteers) from participating or attending Recreation sanction events.

# **CODE OF CONDUCT POLICY (3)**

I hereby certify that by affixing my signature below, as the registrant, and/or as the legal guardian or parent of any child participating in the Paramus Recreation Programs, as well as Coach/Volunteer, that I have read the above Code of Conduct Policy and agree to abide by the Code of Conduct Policy.

\_\_\_\_\_  
Player (Print)

\_\_\_\_\_  
Dated

\_\_\_\_\_  
Parent/ Guardian Signature

\_\_\_\_\_  
Dated

# **WITHDRAWAL & REFUND** **POLICY**

I understand that by registering my child for any Borough of Paramus Recreation Commission sponsored program, I am agreeing to pay the required fee for participation. I further acknowledge that should I withdraw from participation, for any reason, or should I be forced to withdraw from participation for any reason, there will be no refund or credit given.

\_\_\_\_\_  
Parent/Guardian (signature)

\_\_\_\_\_  
Dated

# **PUBLICITY WAIVER & RELEASE**

The Borough of Paramus and Borough of Paramus Recreation Department, with offices located at One Jockish Square, Paramus, New Jersey 07652 (collectively the "Borough") desires to use and publicize the name, likeness, and other personal characteristics of the individual, a minor, named below for advertising, promotion, and other commercial and business purposes. I hereby irrevocably permit, authorize, grant, and license the Borough and its employees, officers, directors, and agents of each and all of them ("Authorized Persons"), the rights to display, publicly perform, exhibit, transmit, broadcast, reproduce, record, photograph, digitize, modify, alter, edit, adapt, create derivative works to use my child's name, image, likeness and appearance and other personal characteristics in perpetuity throughout the universe in any medium or format whatsoever now existing or hereafter created, including but not limited to, in and on brochures, flyers, Borough website, and other print publications, electronic, magnetic, and optical media, and other advertising and promotional materials, on any platform and for the purpose of reporting, advertising and promoting the Borough of Paramus Recreation Department (the "Materials"). I specifically agree that any pictures or videos taken of my minor child can be used by the Borough of Paramus and Borough of Paramus Recreation Department for any lawful purpose.

The Borough shall be the exclusive owner of all rights, including copyright, in the Materials. I hereby irrevocably transfer, assign, and otherwise convey to Company my entire right, title, and interest, if any, in and to the Materials and all copyrights and other intellectual property rights in the Materials arising in any jurisdiction throughout the universe in perpetuity, including all registration, renewal, and reversion rights, and the right to sue to enforce such copyrights against infringers. I acknowledge and agree that I have no right to review or approve Materials before they are used by Borough and that the Borough has no liability to me for any editing or alteration of the Materials or for any distortion or other effects resulting from the Borough's editing, alteration, or use of the Materials,

THIS AGREEMENT PROVIDES THE BOROUGH WITH YOUR ABSOLUTE AND UNCONDITIONAL CONSENT, WAIVER, AND RELEASE OF LIABILITY, ALLOWING THE BOROUGH TO PUBLICIZE AND COMMERCIALY USE YOUR NAME, LIKENESS, AND OTHER PERSONAL CHARACTERISTICS AS SET OUT ABOVE. BY SIGNING, YOU ACKNOWLEDGE THAT YOU HAVE READ AND UNDERSTOOD ALL OF THE TERMS OF THIS AGREEMENT CONSENT TO THE USE OF YOUR IMAGE AND THE LIKE.

\_\_\_\_\_  
Signed (Print Name of Minor)

\_\_\_\_\_  
Dated

I am the parent or legal guardian of the minor named above. I have the legal right to consent to and, by signing below, I hereby do consent in all respects to the terms and conditions of this Publicity Waiver and Release and agree that both the minor and I shall be bound by all of its terms and conditions.

\_\_\_\_\_  
Signed (Parent or Legal Guardian)

\_\_\_\_\_  
Dated

\_\_\_\_\_  
Print name of Parent or Legal Guardian

\_\_\_\_\_  
Dated

# STAY TUNED!

The Recreation Department is working hard to continuously offer new programs!

Follow us on our social media platforms for live-time updates:

Instagram: @ParamusRecreation

Facebook: @ParamusRec

Borough Website- Recreation Page:



RECREATION DIRECTOR: Garrett Luna

ASSISTANT RECREATION DIRECTOR: Stephanie Garino

ASSISTANT RECREATION DIRECTOR: Edward Grill

Council Liaison: Michael Wilkins

Paramus Recreation Commission

Chairman- Vince Feorenzo

Michelle Alfano

Kimberly Benaquista

Alan Brundage

Eric Crespo

Christopher Falato

Jeff Lepselter

Michael Pallotto

Gary Zysman