

PARAMUS RECREATION

FALL 2025

PROGRAMS & ACTIVITIES



REGISTRATION HOURS

Monday - Friday, 9AM - 4PM

Thursday Evenings, 7PM - 8:30PM

 @PARAMUSRECREATION

 @PARAMUSREC



REGISTRATION BEGINS 8/11

Paramus Recreation

475 N. Farview Ave

Recdepartment@paramusborough.org

201-265-9321

POLICIES & PROCEDURES

At the back of this brochure are four documents that need to be read and signed off on.

FIRST TIME REGISTRANTS

New Registrants must submit the following to the Recreation Department:

- Proof of Residency
- Child's Birth Certificate and/or Passport
- Primary Phone Number and Email Address

RETURNING REGISTRANTS- Online Registration

1. Register Online at www.paramusborough.org
2. Click on 'registration' and follow the guide through Community Pass

Online Registration is only available if you are already in the Paramus Recreation Department's computer system. This does not include Paramus Junior Baseball (PJBL).

PAYMENT OPTIONS

1. Credit Card (registrants will be charged a 2.75% convenience fee of their total transaction).
2. Check (in-person only: NO Mail in registrations)
3. Cash (in-person only: NO Mail in registrations)

REGISTRATION/ REFUND POLICY

All Programs are on a first come, first serve basis with proper registration. Registration deadlines for all sports can be found in the description of each individual activity. Unless a program is cancelled by the Recreation Department there will be absolutely NO refunds or credit given for anyone wishing to withdraw from a program. IF a program is cancelled, you will be emailed a refund request form and any other documents needed. Refund Request forms must be returned within 30 days for monetary refunds. After 30 days, you will be issued a Community Pass account credit.

VOLUNTEER SERVICE ORGANIZATIONS

All members of volunteer service organizations affiliated with the Borough of Paramus are entitled to a 50% discount of all registration fees. Discount is not applicable towards costs associated with uniforms or tryout fees. Every season the volunteer's service organization's captain has to sign off on a certificate of certification that the member is indeed active in that organization.

INCLEMENT WEATHER NOTIFICATION

In the event there is poor weather, you can find notification on our website or Facebook after 3:00PM Monday- Friday, and 1.5 hours prior to events on the weekend. If there is not a notification listed, and you have not received an email, the program is on as scheduled.

ALL INCLUSIVE PROGRAMMING

Every program offered by the Paramus Recreation Department is an all-inclusive program for children of different abilities. Each participant will be evaluated on a case to case basis, to assure that the program being offered can fit their needs safely. If your child requires a Special Needs Assistant for our programs, please notify us via email recdepartment@paramusborough.org once you are registered for the program. We ask that you provide us at least two weeks notice of any special requests, including a Special Needs Assistant so that we can honor your request accordingly.

DIFF-ABILITIES PROGRAM

Paramus Recreation is happy to offer an affordable enrichment program for Paramus Residents with Diff-Abilities. What does 'Diff-Abilities' mean? Diff-Abilities is a term used by some organizations, including the Special Olympics, in an effort to remove the negative connotation of 'dis'abilities and focus on the students' skills and abilities.

For the 2025/26 School Year, we will be offering two 'Diff-Abilities' programs: one for children entering grades K - 6, and one for individuals entering 7th Grade through 21 Years of Age.

Program Overview:

This program was created by and will be overseen by Speech Pathologist, Barbara Anderson. This program features a multidisciplinary curriculum allowing children to experience a wide variety of activities. Classes will feature wellness, creative art, and music therapy segments! (Activities subject to change).

At the discretion of the Program Director, students with a 1:1 Aide during the school day will be required to be accompanied by an Adult capable of assisting the child.

K-6 PROGRAM DETAILS

- **Days:** Tuesdays
- **Dates:**
 - **Fall 2025:** 9/16, (No Class 9/23), 9/30, 10/7, 10/14, 10/21, 10/28, (No Class 11/4), 11/11, 11/18
 - **Winter 2026:** 1/13, 1/20, 1/27, 2/3, 2/10, (No Class 2/17), 2/24, 3/3, 3/10
 - **Spring 2026:** 3/24, 3/31, (No Class 4/7), 4/14, 4/21, 4/28, 5/5, 5/12, 5/19
- **Time:** 4:00PM - 5:30PM
- **Location:** Ridge Ranch Elementary School
- **Items to Bring:** All participants should bring their own water
- **Price:**
 - Full Year Bundle Cost: \$200
 - Individual Season Cost: \$85



7TH - 21 YEARS OLD CLASS DETAILS

- **Days:** Thursdays
- **Dates:**
 - **Fall 2025:** 9/18, 9/25, (No Class 10/2), 10/9, 10/16, 10/23, 10/30, (No Class 11/6), 11/13, 11/20
 - **Winter 2026:** 1/15, 1/22, 1/29, 2/5, 2/12, 2/19, 2/26, 3/5
 - **Spring 2026:** 3/26, (No Class 4/2), (No Class 4/9), 4/16, 4/23, 4/30, 5/7, 5/14, 5/21, 5/28
- **Time:** 3:00PM - 4:30PM
- **Location:** Paramus High School
- **Items to Bring:** All participants should bring their own water
- **Price:**
 - Full Year Bundle Cost: \$200
 - Individual Season Cost: \$85

FALL DIFF-ABILITIES PROGRAM

**CALLING ALL MEMBER OF THE
PARAMUS COMMUNITY!**

10TH ANNIVERSARY ...

DIFF-ABILITIES

PROGRAM

**JOIN US THIS FALL AS WE CELEBRATE 10 YEARS OF A RECREATION
PROGRAM DESIGNED TO SUPPORT AND EMPOWER CHILDREN WITH
SPECIAL NEEDS IN OUR COMMUNITY**

**PLEASE REGISTER NOW TO BE NOTIFIED AS
EVENTS ARE SCHEDULED!**

ARTS AND CRAFTS

Children in Pre-K through 4th Grade are eligible to participate in our Arts and Crafts Classes! There will be ten sessions total. The dates and times per age group are as follows:

- **Days:** Mondays
- **Dates:** 9/15, 9/22, 9/29, 10/6, 10/13, (No Class 10/20), 10/27, 11/3, 11/10, 11/17, 11/24
- **Times:**
 - 4:00PM- 5:00PM: Pre-K (Parent Participation Required)
 - 5:00PM- 6:00PM: Kindergarten - 2nd Grade
 - 6:00PM - 7:00PM: 3rd & 4th Grade
- **Ages:** Children in Pre-K through 4th Grade
- **Location:** Ridge Ranch Elementary School
- **Items To Bring:** Participants should bring a water bottle and should wear clothing that may get stained from art supplies. A smock is optional as well.
- **Price:** \$100



CHESS IN THE PARK

Children ages 5-14 Years Old are eligible to register for our Fall 'Chess in the Park' Program! Classes will be run by New Jersey Sports Academy. Chess sets will be provided.

- **Days:** Tuesdays
- **Dates:** 9/9 - 10/31
- **Time:**
 - 4:00PM - 4:50PM: Ages 5-8 (Foundation Class)
 - 5:00PM - 5:50PM: Ages 9-14 (Foundation Class)
 - 6:00PM - 6:50PM: Ages 9-14 (Intermediate Class)
- **Location:** Petruska Park
- **Price:**
 - Foundation Classes: \$160 Registration Fee
 - Intermediate Class: \$210 Registration Fee



CROSS COUNTRY

This activity is open to all children who will be in 1st through 8th grade during the 2025/26 school year. Trainings will be overseen by JetSette Speed Training. Cross country is a competitive long-distance running sport that takes place over natural terrain. Participants will focus on building endurance, strength, and speed through structured workouts.

Practices will be held on Mondays and Thursdays, 5:30PM - 7:00PM at Petruska Park. Dates/times are subject to change, pending weather conditions. Participants will be grouped according to age and ability.

All registrants will be eligible to participate in the NJ Striders meets, which will be held on 9/21, 10/5, & 10/19, 9:00AM Start Time at Mahwah High School. Entry fees will be covered with the cost of registration. Further details on meets will be available the first week of practice.

- **Dates:** Mondays & Thursdays, 9/4 - 10/23
- **Time:** 5:30PM - 7:00PM
- **Age:** Grades 1-8
- **Location:** Petruska Park
- **Items To Bring:** All participants should wear athletic apparel, and should bring their own water
- **Price:** \$110 Registration Fee, Uniform Fee TBD



SPEED & AGILITY TRAINING

This activity is open to all children who will be in 1st through 8th grade during the 2025/26 school year. Trainings will be overseen by JetSette Speed Training. Participants will learn age-appropriate skills that can be applicable to all sports. A comprehensive training regimen will be followed; participants will focus on fundamentals, enhancing speed, lateral movement, and reaction times through specialized drills and exercises.

- **Days:** Wednesdays
- **Dates:** 9/3, 9/10, 9/17, (No Class 9/24), 10/1, 10/8, 10/15
- **Time:** 5:30PM - 6:30PM
- **Age:** Grades 1-8
- **Location:** Parkway 9v9 Field
- **Items To Bring:** All participants should wear athletic apparel, and should bring their own water
- **Price:** \$115 Registration Fee, Uniform Fee TBD



GIRLS VOLLEYBALL

This activity is open to girls who will be in 3rd through 8th grade during the 2025/26 school year. All training sessions will be overseen by PHS Varsity Coach, Kerri Dolack, along with PHS Coaching Staff and Athletes.

3RD - 5TH GRADE YOUTH VOLLEYBALL CLINICS:

Our 3rd-5th Grade Volleyball Clinics are designed to introduce young athletes to the world of volleyball in a fun, positive, and supportive environment! Athletes will learn the fundamentals of the game, including passing, setting, serving, and movement skills through drills and games.

- **Days:** Wednesdays
- **Dates:** 10/1, 10/8, 10/15, 10/22, 10/29, 11/5
- **Time:** 6:30PM - 7:30PM
- **Location:** Paramus High School Main Gym
- **Items To Bring:** All registrants should wear athletic apparel, and should bring their own water. Knee Pads are highly recommended.
- **Price:** \$115 Registration Fee

6TH - 8TH GRADE VOLLEYBALL TRAINING:

Our 6th-8th Grade Volleyball Clinics are ideal for athletes looking to take their game to the next level. The program will begin a strong review of foundation techniques, both offensive and defensive, as well as serving. The program will then progress towards more advanced concepts and will introduce competitive play.

- **Days:** Wednesdays
- **Dates:** 10/1, 10/8, 10/15, 10/22, 10/29, 11/5
- **Time:** 7:30PM - 8:30PM
- **Location:** Paramus High School Main Gym
- **Items To Bring:** All registrants should wear athletic apparel, and should bring their own water. Knee Pads are highly recommended.
- **Price:** \$115 Registration Fee

**For additional information on Paramus Volleyball Programming,
please visit paramusvolleyball.com**



SOCCER CLINICS

This activity is open to boys and girls who will be in Grades K-8 during the 2025/26 school year. All training sessions will be overseen by PHS Boys Varsity Coach, Stephen Contreras, along with PHS Athletes.

Participants will focus on dribbling, passing, shooting, and technical skills. Each class will end with small sided scrimmages.

K-2 SOCCER CLINICS

- **Days:** Wednesdays
- **Dates:** 9/3, 9/10, 9/17, (No Class 9/24), 10/1
- **Time:** 5:00PM - 6:00PM
- **Location:** Parkway School
- **Items To Bring:** All registrants should wear athletic apparel, and should bring their own water. Cleats and Shin Guards are required for all participants
- **Price:** \$95 Registration Fee



3RD - 5TH GRADE SOCCER CLINICS

- **Days:** Mondays
- **Dates:** 9/8, 9/15, 9/22, 9/29
- **Time:** 7:15PM - 8:15PM (Split field with 6th-8th Grade)
- **Location:** East Brook Turf Field
- **Items To Bring:** All registrants should wear athletic apparel, and should bring their own water. Cleats and Shin Guards are required for all participants
- **Price:** \$95 Registration Fee

6TH - 8TH GRADE SOCCER CLINICS

- **Days:** Mondays
- **Dates:** 9/8, 9/15, 9/22, 9/29
- **Time:** 7:15PM - 8:15PM (Split field with 3rd-5th Grade)
- **Location:** East Brook Turf Field
- **Items To Bring:** All registrants should wear athletic apparel, and should bring their own water. Cleats and Shin Guards are required for all participants
- **Price:** \$95 Registration Fee

FALL TENNIS CLASSES

Our Fall Tennis classes will be run by Play TGA. The dates, times, ages, and location are as follows:

Monday/ Wednesday Classes (10 Classes):

5:00PM - 6:00PM: Grades K-2 (Beginner)

6:00PM - 7:00PM: Grades 3-5 (Beginner)

7:00PM - 8:00PM: Grades 6-8 (Beginner)

- **Dates:** 9/8, 9/10, 9/15, 9/17, 9/22, 9/29, 10/1, 10/6, 10/8, 10/13



Tuesday/ Thursday Classes (10 Classes):

5:00PM - 6:00PM: Grades K-2 (Beginner)

6:00PM - 7:00PM: Grades 3-5 (Beginner)

7:00PM - 8:00PM: Grades 6-9 (Intermediate)

8:00PM - 9:00PM: High School/ Adult Class

- **Dates:** 9/9, 9/11, 9/16, 9/18, 9/25, 9/30, (No Class 10/2), 10/7, 10/9, 10/14, 10/16

Location: Cliff Gennarelli Sports Complex Tennis Courts

Additional Information:

- **Items to Bring:** Participants should wear athletic apparel, and should bring their own tennis racket and water.
- Parents are required to walk their children to and from the tennis courts at the beginning and end of each class. Children will not be permitted to walk to and from the tennis courts to the parking lot by themselves.

Fee: \$135 Registration Fee

PICKUP BASKETBALL

Boys and Girls entering Grades 1-8 for the 2025/26 School Year are eligible to participate in our pick up basketball program! These sessions will be run by Mustangz AAU.

- **Days:** Tuesdays
- **Dates:** 9/9, 9/16, (No Class 9/23), 9/30, 10/7, 10/14, 10/21, 10/28, (No Class 11/4), 11/11
- **Ages/Times:**
 - 5:00PM - 6:00PM: Grades 1-2
 - 6:00PM - 7:00PM: Grades 3-4
 - 7:00PM - 8:00PM: Grades 5-8. Participants will be grouped by grade, pending registration numbers.
- **Location:** West Brook Old Gym
- **Fee:** \$165 Registration Fee



YOUTH PICKLEBALL CLASSES

Our Fall Pickleball classes will be run by New Jersey Sports Academy. The program info is as follows:

- **Dates:** Thursdays, September 11th through October 23rd
- **Time:**
 - 4:00PM - 4:50PM: Ages 7-10
 - 5:00PM - 5:50PM: Ages 11-14
 - 6:00PM - 6:50PM: Adults
 - 7:00PM - 7:50PM: Adults
- **Location:** Petruska Park
- **Items To Bring:** All registrants should wear athletic apparel, and should bring their own water. Pickleball rackets are required as well.
- **Fee:** \$160 Registration Fee



ADULT PICKLEBALL CLASSES

Our Fall Pickleball classes will be run by New Jersey Sports Academy. The program info is as follows:

- **Dates:** Thursdays, September 11th through October 30th
- **Time:**
 - 9:30AM - 10:20AM: Adults Foundation Class
 - 10:30AM - 11:20AM: Adults Advanced Class
- **Location:** Petruska Park
- **Items To Bring:** All registrants should wear athletic apparel, and should bring their own water. Pickleball rackets are required as well.
- **Fee:** \$145 Registration Fee



LACROSSE CLINICS

Children entering grades K-2 for the 2025/26 School Year are eligible to participate in our fall lacrosse clinics. Clinics will run by Heatwave Lacrosse. The boys and girls groups will operate separately. For the boys, helmets, gloves, and sticks will be provided by the Recreation Department. For the girls, sticks and goggles will be provided. Each session will have 30 minutes of skill related games, and 30 minutes of 2v2 or 3v3 small sided games.

- **Days:** Saturdays
- **Dates:** 9/20, 9/27, (No Class 10/4), 10/11, 10/18, (No Class 10/25), 11/1, (No Class 11/8), 11/15
- **Time:** 1:00PM - 2:00PM
- **Location:** East Brook Middle School (outdoors weather permitting)
- **Fee:** \$135 Registration Fee



WINTER WRESTLING

The Paramus Recreation Wrestling Program is open to boys & girls in 1st through 8th grade. Practices will begin mid- November and will take place on Tuesday and Thursday evenings at Paramus High School between the hours of 6:00PM and 8:30PM (subject to change). Alternate practice days may apply based on gym availability or closings. Wrestling matches and tournaments within our league are held on weekends beginning early January through February. Home matches are held at Paramus High School, while away meets take place at nearby towns within our league. Post season and select side competitions can last until March, and are subject to change.

- **Days:** Tuesdays & Thursdays (subject to change)
- **Dates:** Practices will begin mid-November and will run through the end of April/ early March
- **Time:** Practices will be held between the hours of 6:00PM - 8:30PM (subject to change)
- **Location:** TBD, likely Paramus High School Small Gym
- **Age:** Boys & Girls in Grades 1-8
- **Fee:** \$100 Registration Fee



WINTER TRAVEL BASKETBALL

Children who are interested in very competitive basketball are encouraged to register to tryout for our Traveling Basketball Program. Tryouts for all teams will be run by several hired professionals. These professionals will be selecting the teams based on the skills and talent that they see during the tryouts. Tryouts for this program will be held early October. The specific dates/times per grade, along with the tryout locations, are to be determined. No one will be exempt from tryouts. A tryout schedule consisting of two sessions for each division will be emailed to all registrants in the beginning of September. Since this is a winter league, the schedule will not be set until December. Practices will typically be 1-2 times per week. Games will be both home and away, and will typically take place in neighboring Bergen County towns. Parents will be responsible for transporting their own children to all games. Travel Basketball participants are not guaranteed any specific amounts of 'playing' time.'

- **Age:** Boys & Girls in Grades 3-8 for the 2025/26 School Year
- **Tryout Fee:** \$25
- **Fee:** \$200 Registration Fee (after making the team)
- **Uniform Fee:** TBD



WINTER INTOWN BASKETBALL

Children in Grades 3-8 for the 2025/26 school year are welcome to join us for an exciting season of intown basketball! Games and practices will be on a rotating schedule Monday through Saturday. Dates, times, and locations are TBD. The season will run from mid-December through early March. Participants are welcome to play both intown and travel basketball, but please be advised that there may be scheduling conflicts.

- REGISTRATION BEGINS: Monday, 8/11
- REGISTRATION DEADLINE: Sunday, 10/26

Please note that the number of finalized registrations will depend on the availability of coaches. If we do not have enough coaches for all registrants, we will only be able to accept 10 registrations per coach, prioritized by the order in which registrations are received. Unfortunately, any participants who cannot be accommodated will be refunded.

For accepted registrations, the remaining tentative season timeline would be as follows:

- SKILL EVALUATIONS: Week of 11/10
- PRACTICES: Begin Early December
- GAMES: Begin Early January
- PLAYOFFS: TBD- Week of 2/23
- CHAMPIONSHIPS: Saturday, 2/28
 - *All dates are subject to change*



Registration Fee: \$120 Per Participant (includes intown uniform top)

REGISTRATION FORMS

Participant's Name:

Participant's Date of Birth:

Participant's Grade:

Participant's T-Shirt Size:

Allergies or Medical Conditions?:

Home Address:

Guardian's Name:

Guardian's Phone Number:

Emergency Contact Name:

Emergency Contact Number:

Guardian's Email:

Activity Registering For:

Please make sure that you sign off on the fourth page of the Code of Conduct Policy, the Withdrawal/Refund Policy, the Photo Release Waiver, as well as the Waiver Release and Indemnification Agreement which can be found in the back of this brochure. Please list all children being registered on the Player line. All those forms must be attached to this form in order for your registration to be processed.

WAIVER, RELEASE, AND INDEMNIFICATION AGREEMENT

I, _____ (insert name), residing at _____ as a condition for allowing me, and/or the person(s) identified above, to engage in, attend and/or participate in the Borough of Paramus Recreation Department sponsored sports program or event (the "Program"), agree as follows:

I understand that anyone participating in any sports/fitness program should consult a physician before beginning any program. The Borough of Paramus and/or its agents, servants and/or representatives have made no evaluation or recommendation as to my child's ability or fitness to participate in the Program. By participating in the Program, I acknowledge that my child is fit and able to participate in the Program. I further acknowledge that my child can suffer bodily and other injuries at any time and without warning while participating in the Program.

Furthermore, I understand that the Borough is making all reasonable efforts to comply with the considerations of the COVID-19 Youth Summer Camp and Youth Sports Standards issued by the Center for Disease Control and Prevention, however, anyone participating in the Borough's Youth Summer Camp or Youth Sports program may be exposed to or may contract COVID-19 during their participation.

I understand these risks and I agree to assume each of them.

I hereby RELEASE AND DISCHARGE the Borough of Paramus from any and all liability, claims, demands or causes of action that I may hereafter have for any and all injuries or claims for damages arising out my child's participation in the Program.

I also agree to indemnify and hold harmless the Borough of Paramus, its agents, employees, volunteers, representatives, independent contractors, and/or assigns against any and all liability, claims, damages, costs and expenses, including reasonable counsel fees, which arise out of, result from, occur during or are connected in any manner to any action, accident or incident in connection with the Program.

This waiver, release and indemnification agreement shall be construed pursuant to the laws of the State of New Jersey and that New Jersey courts, whether state or federal, will have jurisdiction over any matters arising from this document.

Signature of Parent/ Legal Guardian:

Date:

CODE OF CONDUCT POLICY

The Borough of Paramus Recreation Department has adopted the following Code of Conduct Policy. This Code of Conduct Policy applies to all Coaches, Volunteers, Parents, Registrants/Players and any Spectators attending any Borough of Paramus Recreation Department sponsored event, including but not limited to practices and games. By signing below, I agree to abide by the following:

- I (and my guests) will show good sportsmanship at all times. This means I will not participate in nor encourage any swearing, foul language, fighting, or disrespect toward coaches, officials, players or other parents.
- I will not engage in fighting, horse play or other disruptive behavior during any practice or game.
- I will not argue with any coach or official's decision or publicly question his/her judgement or integrity during any practice or game.
- I agree to wait a full 24 hours before contacting a coach to discuss his/her decision or action taken during any practice or game.
- As a parent of any player, I will communicate respectfully with the coach to determine his/her expectations and to discuss any concerns or questions I have.
- I (and my guests) will refrain from coaching my child or other players during a game and/or practice unless I am an appointed coach to the team.
- I will be responsible for supervising others that I bring to the game and/or practice.
- I will not leave a child at game and/or practice unless a Borough approved volunteer is present.
- I agree to pick up my child from practice or a game at the designated end time. I understand that Borough sponsored recreation games/practices do not provide babysitting for my children.
- I (and my guests) will not use or be under the influence of drugs or alcohol while at a youth sports event and I will not attend, coach, officiate or participate in a youth sports event while under the influence of drugs or alcohol.
- I will demand a sports environment for my child/player that is free from drugs, tobacco, and alcohol.
- I will teach my child/player to play by the rules and to resolve conflicts without resorting to hostility or violence.
- I will demand that my child/player treat other players, coaches, officials, and spectators with respect, regardless of race, creed, color, religion, sex ability or any other protected class.
- I (and my guests) will praise my child/player for competing fairly and trying hard, and make that child feel like a winner every time.
- Attendance and participation in any Borough sponsored sports event is a privilege and not a right. Any player, coach, official or spectator's violation of the Code of Conduct policy may result in the revocation of that individuals' eligibility to participate and/or be present for any Borough sponsored sporting event.
- As a coach/volunteer, I will communicate respectfully with the players, officials, volunteers, spectators, and other coaches and parents of all players. I agree to 'lead by example' and understand that my actions and behavior set the tone for every game and practice.
- As a Coach, I agree to treat all players with respect, develop good sportsmanship in all players and as a team, instill a spirit of cooperation and team play, teach all players to play within the rules of the game and establish of practice of hand shaking immediately following the game in sportsmanship fashion.
- I understand that all volunteers must undergo and satisfy a Criminal History Background Check, and have proof of same (ID) whenever in the presence of a minor.
- I will not be under the influence of any drugs or alcohol while attending any Borough sponsored sports event.

CODE OF CONDUCT POLICY (2)

I further understand that the game will be stopped by the official when a parent, spectator, or participant displays inappropriate and/or disruptive behavior which interferes with the progress of the game as determined by the official or coach. Officials and coaches have the authority to remove any violator from the spectators viewing area and/or game area. Once removed, play will resume. Lost time will not be made up and violators will be subject to further disciplinary action by the Paramus Recreation Commission. Inappropriate and disruptive behavior shall include but is not limited to: taunting, cursing, fighting, threatening physical violence, destruction of equipment and/or property.

I acknowledge that any violation of this code of Conduct may subject the offending party to disciplinary action. Disciplinary action may be imposed by a Coach, Official, or the Borough of Paramus Recreation Commission. Any Coach or Official imposing disciplinary action must thereafter notify the Paramus Recreation Commission of such action. The following is a non-exhaustive list of disciplinary action which may occur:

- Verbal Warning;
- Written Warning;
- Immediate suspension from playing, coaching/volunteering and/or attending any sports event;
- Benching of player for duration of game/practice or longer;
- Removal of any parent or spectator;
- Game forfeiture;
- Any other action deemed necessary.

I acknowledge that the Borough of Paramus does not follow a 'progressive discipline' policy. This means that any disciplinary action may be taken based on the current situation and in the sole discretion of the Coach, Official or Recreation Commission.

I further acknowledge that if I disagree with the imposition of any disciplinary action, I have the right to request a hearing before the Recreation Commission Judiciary. I understand that any disciplinary action imposed, including suspension, shall remain in effect pending a hearing before the Recreation Commission Judiciary Committee.

The Recreation Commission Judiciary hearing may result in the following actions (which are not an exhaustive list of possible actions):

- Finding of insufficient cause for further action.
- Upholding or amending any prior disciplinary action imposed.
- Imposition of a suspension of the person(s) from attending Recreation sanction events for a specified time period.
- Pursuant to New Jersey Public Law 2002, c.74 (C.5:17-1 et seq.), requiring any individual(s) culpable of the infraction(s) to submit proof that they successfully attended and completed anger management counseling through a public or private source at their own expense prior to consideration to being admitted back to participate or attend Recreation sanctioned events.
- Being held personally liable for any fines or penalties levied due to the individual's actions, or due to the actions of an individual under their care or supervision.
- Banning persons (players, coaches, spectators and volunteers) from participating or attending Recreation sanction events.

CODE OF CONDUCT POLICY (3)

I hereby certify that by affixing my signature below, as the registrant, and/or as the legal guardian or parent of any child participating in the Paramus Recreation Programs, as well as Coach/Volunteer, that I have read the above Code of Conduct Policy and agree to abide by the Code of Conduct Policy.

Player (Print)

Dated

Parent/ Guardian Signature

Dated

WITHDRAWAL & REFUND POLICY

I understand that by registering my child for any Borough of Paramus Recreation Commission sponsored program, I am agreeing to pay the required fee for participation. I further acknowledge that should I withdraw from participation, for any reason, or should I be forced to withdraw from participation for any reason, there will be no refund or credit given.

Parent/Guardian (signature)

Dated

PUBLICITY WAIVER & RELEASE

The Borough of Paramus and Borough of Paramus Recreation Department, with offices located at One Jockish Square, Paramus, New Jersey 07652 (collectively the "Borough") desires to use and publicize the name, likeness, and other personal characteristics of the individual, a minor, named below for advertising, promotion, and other commercial and business purposes. I hereby irrevocably permit, authorize, grant, and license the Borough and its employees, officers, directors, and agents of each and all of them ("Authorized Persons"), the rights to display, publicly perform, exhibit, transmit, broadcast, reproduce, record, photograph, digitize, modify, alter, edit, adapt, create derivative works to use my child's name, image, likeness and appearance and other personal characteristics in perpetuity throughout the universe in any medium or format whatsoever now existing or hereafter created, including but not limited to, in and on brochures, flyers, Borough website, and other print publications, electronic, magnetic, and optical media, and other advertising and promotional materials, on any platform and for the purpose of reporting, advertising and promoting the Borough of Paramus Recreation Department (the "Materials"). I specifically agree that any pictures or videos taken of my minor child can be used by the Borough of Paramus and Borough of Paramus Recreation Department for any lawful purpose.

The Borough shall be the exclusive owner of all rights, including copyright, in the Materials. I hereby irrevocably transfer, assign, and otherwise convey to Company my entire right, title, and interest, if any, in and to the Materials and all copyrights and other intellectual property rights in the Materials arising in any jurisdiction throughout the universe in perpetuity, including all registration, renewal, and reversion rights, and the right to sue to enforce such copyrights against infringers. I acknowledge and agree that I have no right to review or approve Materials before they are used by Borough and that the Borough has no liability to me for any editing or alteration of the Materials or for any distortion or other effects resulting from the Borough's editing, alteration, or use of the Materials,

THIS AGREEMENT PROVIDES THE BOROUGH WITH YOUR ABSOLUTE AND UNCONDITIONAL CONSENT, WAIVER, AND RELEASE OF LIABILITY, ALLOWING THE BOROUGH TO PUBLICIZE AND COMMERCIALY USE YOUR NAME, LIKENESS, AND OTHER PERSONAL CHARACTERISTICS AS SET OUT ABOVE. BY SIGNING, YOU ACKNOWLEDGE THAT YOU HAVE READ AND UNDERSTOOD ALL OF THE TERMS OF THIS AGREEMENT CONSENT TO THE USE OF YOUR IMAGE AND THE LIKE.

Signed (Print Name of Minor)

Dated

I am the parent or legal guardian of the minor named above. I have the legal right to consent to and, by signing below, I hereby do consent in all respects to the terms and conditions of this Publicity Waiver and Release and agree that both the minor and I shall be bound by all of its terms and conditions.

Signed (Parent or Legal Guardian)

Dated

Print name of Parent or Legal Guardian

Dated

STAY TUNED!

The Recreation Department is working hard to continuously offer new programs!

Follow us on our social media platforms for live-time updates:

Instagram: @ParamusRecreation

Facebook: @ParamusRec

Borough Website- Recreation Page:



RECREATION DIRECTOR: Garrett Luna

ASSISTANT RECREATION DIRECTOR: Stephanie Garino

ASSISTANT RECREATION DIRECTOR: Edward Grill

RECREATION ASSISTANT: Luke Casallas

Council Liaison: Michael Wilkins

Paramus Recreation Commission

Chairman- Vince Feorenzo

Michelle Alfano

Kimberly Benaquista

Alan Brundage

Eric Crespo

Christopher Falato

Jeff Lepselter

Michael Pallotto

Gary Zysman